



# LIBERTYVILLE SENIOR UPDATE



January 2026

## LIBERTYVILLE SENIOR CENTER AT THE LIBERTYVILLE CIVIC CENTER

### Carla Slotarski, Senior Center Manager

135 W. Church Street

847-247-7659

[libertyvilleseniorcenter@gmail.com](mailto:libertyvilleseniorcenter@gmail.com)

### Online Calendar and Registration:

<https://schedulesplus.com/libertyville>

## LIBERTYVILLE SENIOR COUNCIL

### First Presbyterian Church of Libertyville

Rich Monahan.....847-227-7722

### Knights of Columbus #3674

James Patula.....847-828-5456

### St. Joseph Catholic Church

Bob Bachochin.....224-688-2219

Cecelia DesLauriers.....847-408-0688

### United Methodist Church

Robin O'Connor.....847-951-9519

Tom Plohr.....847-278-7188

Bob Killackey.....847-217-9818

Deb Oberst.....862-346-0704

Jeanne Steffens.....847-767-0128

The Senior Council and Senior Center work together to provide programs, activities, and services to Libertyville area Senior Citizens. For information on any of the events or programs in this Update, unless otherwise noted, please contact:

**Libertyville Senior Center**

**847-247-7659**

**[libciviccenter.org/senior-center](http://libciviccenter.org/senior-center)**



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**Senior Update**

The Senior Council of Libertyville prints this publication. This publication is FREE and copies can be obtained at the Civic Center in the lobby brochure rack near the elevator, at the Senior Center office, or online at:

[libciviccenter.org/senior-center](http://libciviccenter.org/senior-center)

Additional information regarding the contents can be obtained by visiting the Senior Center office or calling  
847-247-7659

Please email  
[civiccenterlib@gmail.com](mailto:civiccenterlib@gmail.com)  
to be added to our email distribution list.

We look forward to hearing from you!

**CARLA'S CORNER**

Dear Senior Center Members,

Happy New Year! I hope you all had a wonderful holiday season full of time spent with loved ones, family, and friends. January at the Senior Center will be busy with events like: Birthday Bash, Luau Party, a Lunch N Learn, a Community Presentation, and the Milwaukee Public Museum bus trip. This month's picture is from our November bus trip to see Million Dollar Quartet at the new Stolp Island Theatre in Aurora. The marquee said "Shake, Baby, Shake", so I had to snap a picture!



We hope to see you soon at the Senior Center, "The Gathering Place."

*Carla*

**WELCOME TO THE SENIOR CENTER**

Coffee and tea are available daily for those spending time at the Senior Center. Please feel free to drop in for a cup and some friendly conversation.

Water fountains and touchless water dispensers are also available in the building.

**TOGETHER WE THRIVE**

To fulfill our mission at the Libertyville Senior Center (LSC): offering a gathering space, essential services, and engaging activities and programs for individuals 55 and older, the following etiquette from all members is expected:

- ✓ Treat all members, guests, and staff with respect, courtesy, and kindness.
- ✓ Avoid using abusive, threatening, or offensive language.
- ✓ Refrain from making discriminatory comments or gestures for all individuals, regardless of race, gender, religion, or other protected characteristics.
- ✓ Use equipment and facilities responsibly.
- ✓ Keep the Center clean and litter-free.
- ✓ Report any damage to the facility immediately to the Center staff.
- ✓ Avoid loud or disruptive behavior that disturbs other participants.
- ✓ Do not engage in physical altercations or harassment.
- ✓ Follow all safety guidelines and procedures.
- ✓ Report any medical emergencies to staff immediately.
- ✓ Only use spaces and resources designated for your activity.

LSC reserves the right to discontinue the participation of any individual in any program, event, or facility if it is considered by the LSC staff, or board of directors, that continued participation of the individual is not in the best interest of themselves or others.



## CALENDAR OF EVENTS



## JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			 <p>The Civic Center &amp; Senior Center will be closed for New Year's Day</p>	<b>1</b> 9:10 Exercise 10:00 Ping Pong 3:00 Learn to Draw w/John
 9:10 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	 9:10 Exercise 9:00 Pickleball Noon Bridge 2:30 Ping Pong	 9:10 Exercise 10:00 Dominoes 10:00 Poker 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	<b>7</b> 9:10 Exercise 10:00 Dominoes 10:00 Poker 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	<b>8</b> 9:10 Exercise 10:00 Art Club 1:00 Games Galore 1:30 Foot Clinic
<b>5</b> 9:10 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	<b>6</b> 9:10 Exercise 9:00 Pickleball Noon Bridge 2:30 Ping Pong			<b>9</b> 9:10 Exercise 10:00 Ping Pong 11:45 Food 4 Thought 3:00 Learn to Draw w/ John
<b>12</b> 9:10 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle Noon Birthday Bash 1:00 Canasta 2:30 Learn to Dance	<b>13</b> 9:10 Exercise 9:00 Pickleball Noon Bridge 2:00 Tech Tuesday 2:30 Ping Pong	<b>14</b> 9:10 Exercise 10:00 Dominoes 1:00 Level 2 Line Dancing 1:00 Community Cuts & Care 1:00 Games Galore 2:45 Chair Yoga	<b>15</b> 9:10 Exercise 10:00 Art Club 10:00 Milwaukee Public Museum Bus Trip 10:30 Ping Pong 1:00 Games Galore 2:00 Legal Advice	<b>16</b> 9:10 Exercise 11:00 Crescent Home Care Lunch N Learn 3:00 Learn to Draw w/ John
<b>19</b> 9:10 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	<b>20</b> 9:10 Exercise 9:00 Pickleball Noon Bridge 2:30 Ping Pong	<b>21</b> 9:10 Exercise 10:00 Dominoes 10:00 Poker 1:00 Level 2 Line Dancing 1:00 Games Galore 2:00 Financial Advice 2:45 Chair Yoga	<b>22</b> 9:10 Exercise 10:00 Art Club Noon Luau Party 1:00 Games Galore	<b>23</b> 9:10 Exercise 10:00 Ping Pong 11:30 Slice N Dice 1:00 Book Club 3:00 Learn to Draw w/ John
<b>26</b> 9:10 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	<b>27</b> 9:10 Exercise 9:00 Pickleball Noon Bridge 2:30 Ping Pong	<b>28</b> 9:10 Exercise 10:00 Dominoes 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	<b>29</b> 9:10 Exercise 10:00 Art Club 1:00 Games Galore	<b>30</b> 9:10 Exercise 10:00 Ping Pong 11:30 Pass the Trash 1:00 Youth & Family Counseling Presentation 3:00 Learn to Draw w/ John

## REGISTRATION &amp; DONATION INFORMATION

 REGISTER NOW

To register for events online, visit:  
<https://schedulesplus.com/libertyville>.



During your first visit, please create an account using your name, address, email address, and phone number. After that, log in using the last 7 digits of your phone number to view the event calendar and register. Credit card payments are accepted, but they incur additional fees for the Senior Center. Cash or check payments are preferred.

When attending events, please check in using your 7-digit phone number at the computer station to help us track participation. You can also check in from our website by clicking the link "Online Check In" at: <https://www.libciviccenter.org/senior-center>.

Donations and sponsorships play a vital role in supporting the success of the Libertyville Senior Center. All financial contributions, big or small, are greatly appreciated and directly benefit our programs and services. You can make a tax-deductible donation online: [libciviccenter.org/senior-center](https://www.libciviccenter.org/senior-center) or in person at the Libertyville Civic Center, a registered charity. For businesses and organizations interested in sponsoring events at the Senior Center, please contact Carla directly to explore a range of exciting

partnership opportunities.

THANK YOU!



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Senior Council of Libertyville, Libertyville, IL

B 4C 01-1185

THRIVE  
LOCALLY

## WEEKLY ACTIVITIES AT THE SENIOR CENTER

REGISTRATION IS NOT REQUIRED UNLESS SPECIFIED

**EVERYDAY: 9:10 AM Exercise**

Group exercise along with the Silver Foxes DVD featuring Richard Simmons.

**MARVELOUS MONDAYS****10 AM Homeless Mat Making**

Cut, ball, or crochet mats from ordinary plastic bags to benefit the homeless. No experience necessary!

**10 AM Poker 101**

Poker for beginners. Learn various poker games and the art of betting. Bring your pennies.

**Noon Pinochle**

New and experienced players are welcome. Optional tournament play or just come to play for fun! If you are brand new to the game, please call Carla at 847-247-7659.

**1 PM Canasta**

Beginners through experts are welcome!

**1 PM Level 1 Line Dancing**

Improve on the basic line dancing steps that you have learned in the entry-level Learn to Dance class. Dancers must have completed the Learn to Dance class before attending Level 1 Line Dancing. This class is for those still learning and who have been recommended by the dance instructors to attend.

**2:30 PM Learn to Dance**

This class teaches those who have never danced the basics of line dancing and simple steps to popular dances. This class is for those just learning to dance.

**Terrific Tuesdays****9-11 AM Pickleball**

Join in and learn and/or play with others. Equipment provided, beginners welcome. **Meet at Canlan Sports Complex, 1950 US-45, Libertyville.** Canlan fees apply.

**Noon Bridge**

If you are brand new to the game, please call Carla at 847-247-7659. Experienced players call Naveen at 847-362-3569 one day in advance to register.

**2 PM Tech Tuesday**

Do you need help with your phone, tablet, or computer? Call the Senior Center to schedule a 30-minute appointment. Advanced registration required.

**2:30 PM Ping Pong**

All are welcome! We have two tables set up for your Ping Pong adventures.

**WILD WEDNESDAYS****10 AM Dominoes**

Come play Mexican Train dominoes and enjoy some fun and conversation with others.

**1 PM Games Galore**

Card games, dice games, board games, Mahjong, you name it! We have some games here, but you are welcome to bring your favorites with you!

**1 PM Level 2 Line Dancing**

For those who have mastered the basic steps and dances and are ready to learn and dance at a faster pace, using more challenging turns and steps.

**2:45 PM Chair Yoga**

45 minutes alternating between sitting and standing alongside/holding a chair for stability. \$20 per month. Registration required.

**THOUGHTFUL THURSDAYS****10 AM Art Club**

Get your creative juices flowing! Join us in this multi-media art club. We focus on fun, camaraderie, and creativity.

**1 PM Games Galore**

Card games, dice games, board games, Mahjong, you name it! We have some games here, but you are welcome to bring your favorites with you!

**Fantastic Fridays****10 AM Ping Pong**

Come take a swing and play with others in this classic fun game!

**3 PM Learn to Draw with John**

A learn to draw art class taught by the one and only John Kirkpatrick Jr. This one-hour fun class is a great way to hang out and enjoy some casual, social, fun drawing time with friends. Drawing supplies are provided. \$20 per month.

## TRIPS & SPECIAL EVENTS

### BIRTHDAY BASH

MONDAY, JANUARY 12TH  
AT NOON

Lunch will be Chicken Pot Pie with carrots, potatoes, celery & peas topped with puff pastry, salad, and birthday cake for dessert!

Jeff Dewbray is one of the most versatile male vocalists in all of Chicagoland, covering artists from the Rat Pack to 50s/60s/70s/80s through today! Join us for an afternoon with Jeff full of energy, talent and unique style from a true entertainer!

\$16, register by noon on Friday, January 9th to attend

### LUAU PARTY

Thursday, January 22<sup>nd</sup> at Noon

Come escape the cold and enjoy an afternoon full of fun, music, and tropical flavors!

Lunch will be Teriyaki glazed chicken kebobs with wild rice, fresh fruit, salad, and dessert.

After lunch, let the talented Dante Salamante take you on a trip as you sing and dance along to music from the islands!

Cost: \$16,  
please register by  
1/19 at noon



### DRURY LANE THEATRE BUS TRIP WEDNESDAY, FEBRUARY 18TH

THE RHYTHM IS GONNA GET YOU FILLED WITH THE EXHILARATING MUSIC OF THE MIAMI SOUND MACHINE, THIS CELEBRATION OF GLORIA ESTEFAN'S GREATEST HITS WILL HAVE YOU DANCING IN THE AISLES.

BEFORE THE SHOW, WE WILL ENJOY LUNCH AT THE THEATRE WHICH INCLUDES: MIXED GREEN SALAD, YOUR CHOICE OF CHEESE RAVIOLI OR BISTRO STEAK AND AN ICE CREAM SUNDAE!

COST: \$105, INCLUDES SHOW TICKET,  
TRANSPORTATION, AND PLATED LUNCH

BUS WILL LEAVE THE SENIOR CENTER AT 10:30AM AND RETURN AT APPROX. 5:00PM. TICKETS ARE NON-REFUNDABLE, STOP BY TO REGISTER TODAY!

### Driehaus Museum Bus Trip



Thursday, March 19th

Join us as we visit The Driehaus Museum, located in downtown Chicago! The museum has two exciting exhibits that we will privately tour: Tiffany Lamps: Beyond the Shade and The Land of Oz: Beyond the Page.

After our visit, we will head to Pizano's Pizza for a delicious pizza lunch! Lunch includes a variety of thin and deep dish pizza, salad, and unlimited soft drinks and coffee.

Cost: \$75, trip is non-refundable

The bus will leave the Senior Center at 8:30am and return at approximately 3:15pm.

Stop by the Senior Center to register today!

## TRIPS & PROGRAMS



**Friday, January 9th**

**11:45 AM**

Meet us out for lunch and enjoy some fun, thought provoking questions and great conversations with friends.

Meet up at Portillo's in Vernon Hills where everyone will order and pay for their own meal.

### LET'S LUNCH & LEARN TOGETHER

**Friday, January 16th**

**11:00 AM**

Jamie and Billy are the owners of Crescent Home Care, an agency founded to support individuals, especially seniors or vulnerable adults, in receiving personalized, compassionate in-home support. Their goal is to let people stay safely and comfortably in their own homes instead of moving into institutional care.

Joining them is Helen Hyemin Lee, Family Nurse Practitioner, for her presentation, "Know Your Numbers, Know Your Symptoms: Preventing Heart Attacks and Strokes". Helen currently works at CVS MinuteClinic and has 14 years of experience in primary care at Advocate Health.

This education session will focus on risk factors, signs and symptoms, and prevention strategies of heart attack and stroke.



Free lunch will be provided from Panera.

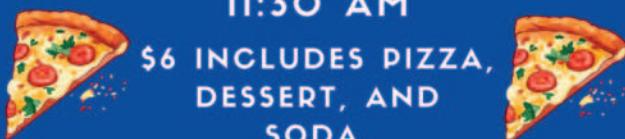
Please register by 1/13 at noon to attend.



### Slice N Dice

**FRIDAY, JANUARY 23RD**

**11:30 AM**



\$6 INCLUDES PIZZA,  
DESSERT, AND  
SODA.

REGISTER BY NOON ON THURSDAY,  
JANUARY 22ND TO ATTEND.

THE GROUP WILL SELECT AN EASY DICE  
GAME THAT WORKS FOR BEGINNERS  
AND EXPERIENCED PLAYERS.  
COME GIVE IT A ROLL!



### BOOK CLUB

Join us for a monthly program where we discuss a book chosen by the group. Led by Kari from White Crane Wellness, the group will vote on which book to read for future meetings.

January Meeting: January 23<sup>rd</sup> at 1:00pm  
Book being discussed: The Storied Life of A.J. Fikry by Gabrielle Zevin

February Meeting: February 20<sup>th</sup> at 1:00pm  
Book being discussed: All Creatures Great and Small by James Herriot (Part 1 – Read Through Chapter 31)

March Meeting: March 27<sup>th</sup> at 1:00pm

White Crane  
Wellness Center

FREE!

## PROGRAMS

### COMMUNITY RESOURCE PRESENTATION

FREE!

Friday, January 30th  
1:00 PM

#### Youth and Family Services Information Session

Founded in 1962, the mission of YFC is opening doors to mental healthcare so people can cope, heal, and thrive. They provide culturally sensitive, quality care delivered with dignity, respect, and compassion. Their professional counseling services help people at all stages of life to reach their highest level of functioning at school, home, and work, and engage in healthy relationships.

YFC will also offer complimentary 1:1 depression screenings for those interested.

Please register by 1/29 at noon.



#### Poker

1st & 3rd Wednesdays  
10:00 AM

There are 2 poker tables so there is the opportunity for beginners and experienced players to play at separate tables.



#### PINOCHLE

LET THE GAME BEGIN!  
MONDAYS  
NOON

NEW AND EXPERIENCED PLAYERS ARE WELCOME TO COME PLAY CARDS. OPTIONAL TOURNAMENT PLAY OR JUST COME TO PLAY FOR FUN! IF YOU ARE BRAND NEW TO THE GAME PLEASE CALL CARLA AT 847-247-7659.

### PASS THE TRASH

Friday, January 30th  
11:30 AM

Bring a luncheon/appetizer dish to pass!

This simple game uses only one card and there is no strategy, just fun!

Walk-ins welcome!



### LIBERTYVILLE SENIOR CENTER

#### Art Club

EVERY THURSDAY

10AM

This group experiments with different mediums of art each week. Paint, watercolor, collages, field trips, and more!  
Free & Walk-ins welcome!

See you there!

### LEARN TO DRAW WITH JOHN KIRKPATRICK JR.

FRIDAYS AT 3 PM

This is a fun, one-hour learn to draw class. Drawing supplies are provided.

Cost: \$20 per month

## PROGRAMS



### TUESDAY MORNING PICKLEBALL



9:00 AM-11:00 AM

Canlan Sports Complex  
1950 US 45, Libertyville  
\*Canlan fees apply.

THE HOTTEST NEW CRAZE IN SPORTS FOR SENIORS IS PICKLEBALL. JOIN IN, AND LEARN AND/OR PLAY WITH OTHERS.  
EQUIPMENT PROVIDED, BEGINNERS WELCOME!



### VOLUNTEERS NEEDED

WE ARE LOOKING FOR KITCHEN HELP FOR OUR PARTIES AT THE SENIOR CENTER TWICE PER MONTH.

KITCHEN HELPERS WILL:

- PORTION FOOD
- SERVE FOOD AT TABLES AND ON THE BUFFET LINE
- CLEAR TABLES
- CLEAN AND PUT AWAY DISHES

HOURS ARE APPROXIMATELY 11:15AM-2:15PM AND INCLUDES A COMPLIMENTARY LUNCH

FOR MORE INFORMATION OR TO VOLUNTEER PLEASE CONTACT THE SENIOR CENTER AT 847-247-7659.



### LEGAL ADVICE THURSDAY, JANUARY 15TH

2-3 PM

Attorney Michael Furlong will be at the Senior Center for free legal help.



Register online or call the Senior Center at 847-247-7659 to sign up for a complimentary 15-minute appointment.

### FINANCIAL ADVICE

WEDNESDAY, JANUARY 21ST  
2-3 PM

Larry Pershing, CFP, RMA, is a financial planner. Schedule a 1:1 session if you have questions about Social Security, taxation in retirement, preparing for retirement, retirement accounts, long-term care insurance, annuities, or perhaps you want a second opinion on a decision you are considering.

BOOK YOUR APPOINTMENT



Register online or call the Senior Center at 847-247-7659 to sign up for a 30-minute complimentary session.

## HEALTH SERVICES



**Thursday, January 8th**

Appointments are for free nail trimming, corn or bunion repair, and counseling on general foot issues.

Call, email, or stop in to the Senior Center for more information or to make an appointment.

Services are provided by:



## COMMUNITY CUTS & CARE



TRICOCI UNIVERSITY  
OF BEAUTY CULTURE



**Wednesday, January 14th**

Appointments can be made for a complimentary hair cut or basic manicure. Services provided by Tricoci University students of Libertyville. Call or stop in the Senior Center to make an appointment.

*Chair Yoga* Essential Journey Yoga

**WEDNESDAYS AT 2:45 PM**

45 minutes alternating between sitting and standing alongside/holding a chair for stability. Taught by Sharon of Essential Journey Yoga.

\$20/month, please select program under the "Packages" tab or stop in the Senior Center to register.



### Libertyville Senior Center Lending Closet

Monday - Friday  
9:00 AM - 4:00 PM

The "Lending Closet" is a collection of new and used medical equipment available for short-term loan to Village or Township residents in need of equipment such as wheelchairs, bath transfer benches, shower chairs, portable toilet seats, walkers, canes and other items.

The "Lending Closet" has a limited inventory and a revolving inventory, based upon the demands, frequency of usage, and available items in stock.

**Please call ahead of time for more information and to verify the items you need are available.**  
**847-918-8880**



# SOCIAL SERVICES



Ride Lake County offers seniors and disabled residents a unique way to get around Lake County. Whether you need a ride for work, medical and dialysis appointments, or shopping, Ride Lake County offers an easy to use travel experience that is both affordable and flexible.

Call the Pace Call Center to register and schedule: Monday- Sunday,  
5:30AM- 6:00PM  
1-800-201-6446

The bus service will run from 6AM-6PM seven days a week, excluding holidays. One-way fare costs will vary between \$2.00 and \$6.00 depending on how far you travel.

Ride Lake County is sponsored by Lake County and Pace Suburban Bus  
[lakecountylil.gov/563/Ride-Lake-County](http://lakecountylil.gov/563/Ride-Lake-County)



## Need Help? Call 211.

IF YOU'RE LOOKING FOR HELP IN LAKE COUNTY, IL A CARING, EXPERT NAVIGATOR WILL GUIDE YOU TO THE HELP YOU NEED:

Housing | Utilities | Food | Crisis Help | Mental Health & Addiction | Health Care  
Financial Support | Personal, Child & Family Support | Education | Transportation  
Employment | Legal & Immigration | Government | Volunteering | Disaster Information

### WHY 211?

- **IT'S FREE** - Just call to reach a real person who will guide you to real answers.
- **IT'S FAST** - You'll be quickly connected with available resources you need.
- **IT'S COMPREHENSIVE** - 211 is the most comprehensive source of information about resources and services in Lake County. It's Lake County's one-stop shop for help.
- **IT'S CONFIDENTIAL** - You never have to provide your name...just your zip code.



## UPCOMING FEBRUARY EVENTS



\*February Birthday Bash - February 2nd



\*Valentine's Party- February 13th



\*Drury Lane Theatre Bus Trip- February 18th



\*Knowledge and Nibbles with Integrated Home Health Care & Visiting Angels- February 26

## IMPORTANT NOTICES

### **Activities Registration Notice\***

Please be aware that activities or events that include food and/or payment of any kind require a minimum of 2 days' advanced registration. Some activities do have participation limits, so it is best to sign up as soon as possible.

### **Bus Trip Notice\***

Please be aware that since tickets are purchased far in advance for many of our trips, NO REFUNDS will be given. People can find a replacement or hope for a waiting list. If there is a waiting list 48 hours before the trip, we can help find a replacement. \*Please park on the 3<sup>rd</sup> level of the Church Street Parking Garage for all trips.

### **Parking Notice\***

Please be aware of the parking signs on the street in front of the Civic Center. The Police will ticket. Please use the parking garage when possible.