



LIBERTYVILLE SENIOR UPDATE



★ ★ July 2026 ★ ★

LIBERTYVILLE SENIOR CENTER AT THE LIBERTYVILLE CIVIC CENTER

Amaya Peterson, Senior Center Manager

135 W. Church Street

847-247-7659

libertyvilleseniorcenter@gmail.com

Online Calendar and Registration:

<https://schedulesplus.com/libertyville>

LIBERTYVILLE SENIOR COUNCIL

First Presbyterian Church of Libertyville

Rich Monahan.....847-227-7722

Knights of Columbus #3674

James Patula.....847-828-5456

St. Joseph Catholic Church

Bob Bachochin.....224-688-2219

Cecelia DesLauriers.....847-408-0688

United Methodist Church

Robin O'Connor.....847-951-9519

Tom Plohr.....847-278-7188

Bob Killackey.....847-217-9818

Deb Oberst.....862-346-0704

Jeanne Steffens.....847-767-0128

The Senior Council and Senior Center work together to provide programs, activities, and services to Libertyville area senior citizens. For information on any of the events or programs in this Update, unless otherwise noted, please contact:

Libertyville Senior Center

847-247-7659

libciviccenter.org/senior-center



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Senior Update

The Senior Council of Libertyville prints this publication. This publication is FREE and copies can be obtained at the Civic Center in the lobby brochure rack near the elevator, at the Senior Center office, or online at:

libciviccenter.org/senior-center

Additional information regarding the contents can be obtained by visiting the Senior Center office or calling
847-247-7659

Please email
civiccenlib@gmail.com
to be added to our email
distribution list.

We look forward to hearing from
you!

A MINUTE WITH AMAYA

Dear Senior Center Members,

Thank you all for your continued support during this time of transition at the Senior Center. As you know, Carla has moved on from her role, and I'm excited to step into the Senior Center Manager position. I am grateful for this new opportunity and look forward to continuing to serve our wonderful senior community. We will continue working together to ensure a smooth transition in the weeks ahead.

We have several fun events coming up in July, and we hope you will join us! Be sure to sign up for our Independence Day Party, the White Fence Farm bus trip, and our July Birthday Bash. We look forward to celebrating with all of you this summer!

Amaya



We hope to see you
soon at the
Senior Center,
"The Gathering Place."

WELCOME TO THE SENIOR CENTER

Coffee and tea are available daily for those spending time at the Senior Center. Please feel free to drop in for a cup and some friendly conversation.

Water fountains and touchless water dispensers are also available in the building.



TOGETHER WE THRIVE

To fulfill our mission at the Libertyville Senior Center (LSC): offering a gathering space, essential services, and engaging activities and programs for individuals 55 and older, the following etiquette from all members is expected:

- ✓ Treat all members, guests, and staff with respect, courtesy, and kindness.
- ✓ Avoid using abusive, threatening, or offensive language.
- ✓ Refrain from making discriminatory comments or gestures for all individuals, regardless of race, gender, religion, or other protected characteristics.
- ✓ Use equipment and facilities responsibly.
- ✓ Keep the Center clean and litter-free.
- ✓ Report any damage to the facility immediately to the Center staff.
- ✓ Avoid loud or disruptive behavior that disturbs other participants.
- ✓ Do not engage in physical altercations or harassment.
- ✓ Follow all safety guidelines and procedures.
- ✓ Report any medical emergencies to staff immediately.
- ✓ Only use spaces and resources designated for your activity.

LSC reserves the right to discontinue the participation of any individual in any program, event, or facility if it is considered by the LSC staff, or board of directors, that continued participation of the individual is not in the best interest of themselves or others.



CALENDAR OF EVENTS



JULY 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 9:00 Exercise 10:00 Dominoes 10:00 Poker 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	2 9:00 Exercise Noon Independence Day Party 1:00 Games Galore NO PING PONG TODAY	 3 Civic Center & Senior Centers CLOSED in observance of 4 th of July
6 9:00 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	7 9:00 Exercise Noon Bridge 1:00 Fit & Strong 2:30 Ping Pong	8 9:00 Exercise 10:00 Dominoes 1:00 Level 2 Line Dancing 1:00 Community Cuts & Care 1:00 Games Galore 2:45 Chair Yoga	9 9:00 Exercise 10:00 White Fence Farm Bus Trip 1:00 Games Galore 1:00 Fit & Strong 2:30 Ping Pong	10 9:00 Exercise 10:00 Ping Pong 11:45 Food 4 Thought 3:00 Learn to Draw w/ John
13 9:00 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle Noon Birthday Bash 1:00 Canasta 2:30 Learn to Dance	14 9:00 Exercise Noon Bridge 1:00 Fit & Strong 2:00 Tech Tuesday 2:30 Ping Pong	15 9:00 Exercise 10:00 Dominoes 10:00 Poker 1:00 Level 2 Line Dancing 1:00 Games Galore 2:00 Financial Advice 2:45 Chair Yoga	16 9:00 Exercise 10:00 Art Club 1:00 Games Galore 1:00 Fit & Strong 2:00 Legal Advice 2:30 Ping Pong	17 9:00 Exercise 10:00 Ping Pong 11:30 Slice N Dice 3:00 Learn to Draw w/ John
20 9:00 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	21 9:00 Exercise Noon Bridge 1:00 Fit & Strong 2:30 Ping Pong	22 9:00 Exercise 10:00 Dominoes 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	23 9:00 Exercise 1:00 Games Galore 1:00 Fit & Strong 2:30 Ping Pong 6:30 Dessert in the Park	24 9:00 Exercise 10:00 Ping Pong 11:30 Pass the Trash 3:00 Learn to Draw w/ John
27 9:00 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	28 9:00 Exercise Noon Bridge 1:00 Fit & Strong 2:30 Ping Pong	29 9:00 Exercise 10:00 Dominoes 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	30 9:00 Exercise 10:00 Art Club 1:00 Games Galore 1:00 Fit & Strong 2:30 Ping Pong	31 9:00 Exercise 10:00 Ping Pong 1:00 Book Club 3:00 Learn to Draw w/ John

REGISTRATION & DONATION INFORMATION


REGISTER NOW

To register for events online, visit:
<https://schedulesplus.com/libertyville>.

During your first visit, please create an account using your name, address, email address, and phone number. After that, log in using the last 7 digits of your phone number to view the event calendar and register. Credit card payments are accepted, but they incur additional fees for the Senior Center. Cash or check payments are preferred.

When attending events, please check in using your 7-digit phone number at the computer station to help us track participation. You can also check in from our website by clicking the link "Online Check In" at: <https://www.libciviccenter.org/senior-center>.

Donations and sponsorships play a vital role in supporting the success of the Libertyville Senior Center. All financial contributions, big or small, are greatly appreciated and directly benefit our programs and services. You can make a tax-deductible donation online: libciviccenter.org/senior-center or in person at the Libertyville Civic Center, a registered charity. For businesses and organizations interested in sponsoring events at the Senior Center, please contact Carla directly to explore a range of exciting partnership opportunities.

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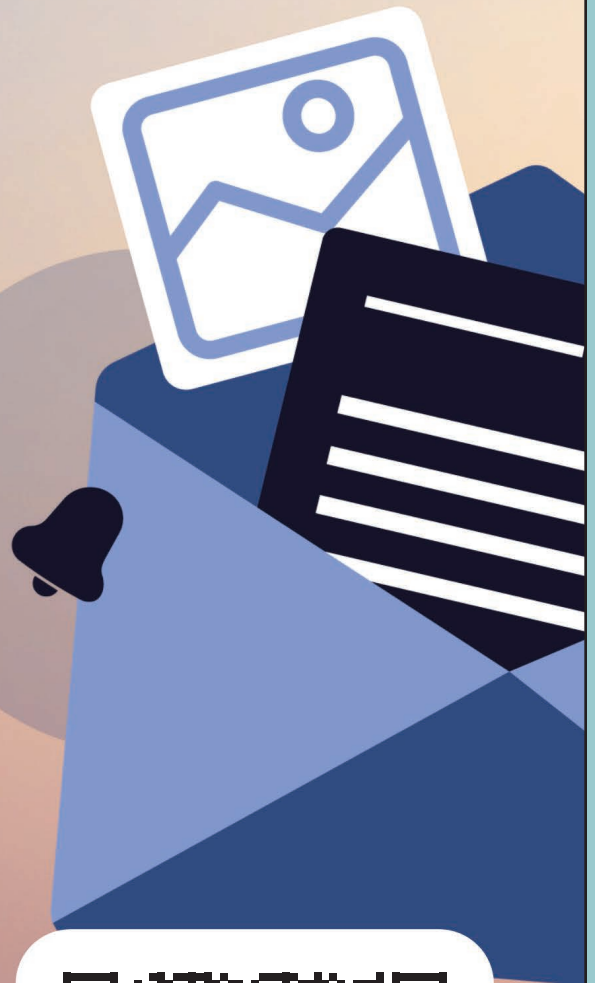


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WEEKLY ACTIVITIES AT THE SENIOR CENTER

REGISTRATION IS NOT REQUIRED UNLESS SPECIFIED

EVERYDAY: 9 AM Exercise
Group exercise along with the Silver Foxes DVD featuring Richard Simmons.

MARVELOUS MONDAYS

10 AM Homeless Mat Making

Cut, ball, or crochet mats from ordinary plastic bags to benefit the homeless. No experience necessary!

10 AM Poker 101

Poker for beginners. Learn various poker games and the art of betting. Bring your pennies.

Noon Pinochle

New and experienced players are welcome. Optional tournament play or just come to play for fun! If you are brand new to the game, please call Amaya at 847-247-7659.

1 PM Canasta

Beginners through experts are welcome!

1 PM Level 1 Line Dancing

Improve on the basic line dancing steps that you have learned in the entry-level Learn to Dance class. Dancers must have completed the Learn to Dance class before attending Level 1 Line Dancing. This class is for those still learning and who have been recommended by the dance instructors to attend.

2:30 PM Learn to Dance

This class teaches those who have never danced the basics of line dancing and simple steps to popular dances. This class is for those just learning to dance.

Terrific Tuesdays

Noon Bridge

If you are brand new to the game, please call Amaya at 847-247-7659. Experienced players call Naveen at 847-362-3569 one day in advance to register.

1 PM Fit & Strong

Exercises to assist with balance, core strength & arthritis. Exercises can be done seated or standing. Advance registration is required. Space is limited.

2 PM Tech Tuesday

Do you need help with your phone, tablet, or computer? Call the Senior Center to schedule a 30-minute appointment on the 2nd Tuesday of the month. Pre-registration required.

2:30 PM Ping Pong

Everyone is welcome! We have two tables set up for your Ping Pong adventures. FREE; paddles and tables provided.

WILD WEDNESDAYS

10 AM Dominoes

Come play Mexican Train dominoes and enjoy some fun and conversation with others.

1 PM Games Galore

Card games, dice games, board games, Mahjong, you name it! We have some games here, but you are welcome to bring your favorites with you!

1 PM Level 2 Line Dancing

For those who have mastered the basic steps and dances and are ready to learn and dance at a faster pace using more challenging turns and steps.

2:45 PM Chair Yoga

45 minutes alternating between sitting and standing alongside/holding a chair for stability. \$20 per month. Registration required.

THOUGHTFUL THURSDAYS

10 AM Art Club

Get your creative juices flowing! Join us in this multi-media art club. We focus on fun, camaraderie, and creativity.

1 PM Games Galore

Card games, dice games, board games, Mahjong, you name it! We have some games here, but you are welcome to bring your favorites with you!

2:30 PM Ping Pong

Everyone is welcome! We have two tables set up for your Ping Pong adventures. FREE; paddles and tables provided.

Fantastic Fridays

10 AM Ping Pong

Everyone is welcome! We have two tables set up for your Ping Pong adventures. FREE; paddles and tables provided.

3 PM Learn to Draw with John

A learn to draw art class taught by the one and only John Kirkpatrick Jr. This one-hour fun class is a great way to hang out and enjoy some casual, social, fun drawing time with friends. Drawing supplies are provided. \$20 per month.

TRIPS & SPECIAL EVENTS

INDEPENDENCE DAY PARTY

THURSDAY, JULY 2ND AT NOON

HAPPY 250TH BIRTHDAY, AMERICA!

COME CELEBRATE WITH AN AFTERNOON OF FOOD AND FUN TO HONOR OUR COUNTRY AND THOSE THAT HAVE SERVED.

LUNCH WILL BE 2 PIECES OF BROASTED CHICKEN (BREAST & LEG), MAC & CHEESE, COLESLAW, AND SALAD FROM EMIL'S, PLUS DESSERT.

AFTER LUNCH, ENTERTAINER JACK MIUCCIO WILL DELIGHT US WITH A MIX OF PATRIOTIC SONGS AND THOSE OF DEAN MARTIN, TONY BENNETT, AND OTHER AMERICAN STANDARDS. JACK HAS SUNG THE NATIONAL ANTHEM FOR BOTH THE CHICAGO WHITE SOX AND BULLS!

COST: \$16

PLEASE REGISTER BY
6/29 TO ATTEND

SPONSORED BY:



White Fence Farm

Bus Trip



White Fence Farm



THURSDAY, JULY 9TH

Since opening in the 1920s, White Fence Farm in Romeoville has been recognized for its outstanding chicken dinners, and even named "The World's Greatest Chicken".

Try it for yourself as we enjoy lunch and a show by Denny Svelha: Celebrating the music of Neil Diamond & Barry Manilow.

On the menu:

four pieces of fried chicken
homemade corn fritters
baked potato
cottage cheese
kidney bean salad
coleslaw
choice of drink

Cost: \$75

includes
lunch
show
bus transportation
Trip is non-refundable.

Bus will leave the Senior Center at 10:00am and return at approximately 3:30pm.

REGISTER AT THE SENIOR CENTER

BIRTHDAY BASH

MONDAY, JULY 13TH
AT NOON

Lunch will be Salisbury steak with mushroom sauce, roasted potatoes, broccoli, and salad from Catered Productions, plus birthday cake for dessert.

As the Blue Martini Duo, Jane and Paul bring it all! They will perform favorites from the 1940s- 1980s in a wide range of genres and styles. Jane's powerful vocals move effortlessly from intimate ballads to high-energy party songs, while Paul provides the perfect foundation with his rock-solid bass lines.

**\$16, register by noon on Friday,
July 10th to attend**

If you would like to attend the music portion only, please register in advance with the Cook Memorial Library at: cooklib.org/events and join us at 1pm.

VILLA TERRACE MUSEUM & GARDENS BUS TRIP

THURSDAY, AUGUST 20TH



Join us as we step into the elegance of the 1920s with a visit to Villa Terrace, a stunning Italian Renaissance-style villa in Milwaukee. We will explore the beautifully preserved historic home, now a museum filled with art, history, and breathtaking lake views.

Cost: \$45; includes boxed lunch, ticket to Villa Terrace, and bus transportation.

The bus will leave the Senior Center at 11 am and return at approximately 3 pm.

Stop into the Senior Center to Register!

———— Trip is non-refundable. ————

TRIPS & PROGRAMS

CUBS GAME BUS TRIP

THURSDAY, SEPTEMBER 24TH

We are headed to the iconic Wrigley Field for an afternoon of baseball fun watching the Cubs play the Marlins!

COST: \$90

**INCLUDES GAME TICKET (SECTION 203),
LUNCH VOUCHER, AND TRANSPORTATION.**

TRIP IS NON-REFUNDABLE.

BUS WILL LEAVE THE SENIOR CENTER AT 11:00AM AND RETURN AT APPROXIMATELY 6:00PM. WE WILL STAY FOR THE ENTIRE GAME.

**STOP BY THE
SENIOR
CENTER TO
REGISTER!**



ART CLUB

NEW FORMAT

**July 16th & 30th
10 – 11:30 AM**

July 16th – Twist it. Tie it. Dye it. In this lively **SHIBORI** workshop with Cristine, seniors will turn simple fabric into bold blue-and-white textile art inspired by traditional Japanese dye techniques.

July 30th – Who knew crossing words out could feel this good? In this bold and playful **BLACKOUT POETRY** workshop with Cristine, seniors will turn forgotten pages into dramatic mini-masterpieces filled with humor, mystery, art, and a little literary rebellion.



Friday, July 10th

11:45 AM

Meet us out for lunch and enjoy some fun, thought-provoking questions and great conversations with friends.

Meet up in Cook Park in Libertyville, where everyone will buy their own lunch from one of the Lunch in the Park food vendors. Please bring your own chair.



DESSERT IN THE PARK

**Thursday, July 23rd
6:30pm**

Bring your chair and join us in Cook Park for a sweet treat while we enjoy the Village band performance!

FREE, please register by noon on 7/22 to receive dessert.

EVENT SPONSORED BY:

**LIBERTYVILLE BANK & TRUST
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A WINTRUST COMMUNITY BANK**

PROGRAMS

FINANCIAL ADVICE

WEDNESDAY, JULY 15TH
2-3 PM

Larry Pershing, CFP, RMA, is a financial planner. Schedule a 1:1 session if you have questions about Social Security, taxation in retirement, preparing for retirement, retirement accounts, long-term care insurance, annuities, or perhaps you want a second opinion on a decision you are considering.

BOOK YOUR APPOINTMENT



Register online or call the Senior Center at 847-247-7659 to sign up for a 30-minute complimentary session.

LEGAL ADVICE

THURSDAY, JULY 16TH
2-3 PM

Attorney Michael Furlong will be at the Senior Center for free legal help.



Register online or call the Senior Center at 847-247-7659 to sign up for a complimentary 15-minute appointment.



Slice N Dice

FRIDAY, JULY 17TH

11:30 AM



\$6 INCLUDES PIZZA, DESSERT, AND SODA.



REGISTER BY NOON ON THURSDAY, JULY 16TH TO ATTEND.

THE GROUP WILL SELECT AN EASY DICE GAME THAT WORKS FOR BEGINNERS AND EXPERIENCED PLAYERS. COME GIVE IT A ROLL!



BOOK CLUB

Join us for a monthly program where we discuss a book chosen by the group. Led by Kari from White Crane Wellness, the group will vote on which book to read for future meetings.

July Meeting: July 31st at 1:00 PM
Book being discussed: Mrs. Lincoln's Dressmaker by Jennifer Chiaverini

August Meeting: August 28th at 1:00 PM
Book being discussed: The River We Remember by William Kent Krueger

September Meeting: September 25th at 1:00pm
Book being discussed: Borrowed Life of Frederick Fife by Anna Johnston

White Crane
Wellness Center

FREE!



PROGRAMS

PASS THE TRASH

Friday, July 24th

11:30 AM

Bring a luncheon/appetizer dish to pass!

This simple game uses only one card
and there is no strategy, just fun!

Walk-ins welcome!



PING PONG

EVERYONE IS WELCOME!

TUESDAYS: 2:30-4:00PM

THURSDAYS: 2:30-4:00PM
&

FRIDAYS: 10:00- 12:30PM

**WE HAVE 2 TABLES SET UP
FOR YOUR PING PONG
ADVENTURES!**

FREE, PADDLES AND TABLES PROVIDED



LEARN TO DRAW WITH JOHN KIRKPATRICK JR.

FRIDAYS AT 3 PM

This is a fun, one-hour learn to draw class. Drawing supplies are provided.

Cost: \$20 per month



★ ★

17th Annual
DOG DAYS
of **SUMMER**

SAVE THE DATES!
JULY 10-12, 2026

LibertyvilleDog
Days of Summer

- DockDogs® presents Big Air® Wave, Extreme Vertical® and Speed Retrieve® competitions.
- Competitions are open to any and everyone. Teams are one dog and one handler.
- Canines must be 6 months or older to be eligible.
- Register your dog online prior to the event to lower registration costs at DockDogs.com

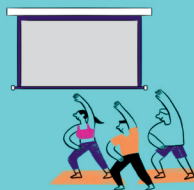


HEALTH SERVICES



EXERCISE

EVERY DAY AT 9AM



Join Richard Simmons and the Silver Foxes on the big screen to exercise, stretch and keep up your core strength with some heart rate-raising activities. Group exercise along with the Silver Foxes DVD.



COMMUNITY CUTS & CARE

TRICOCI UNIVERSITY
OF BEAUTY CULTURE



Wednesday, July 8th

Appointments can be made for a complimentary haircut or basic manicure. Services provided by Tricoci University students of Libertyville. Call or stop in the Senior Center to make an appointment.



Fit & Strong

Tuesdays & Thursdays at 1:00 PM
July 7th - September 24th



Exercises to assist with balance, core strength, & arthritis. This class combines tailored flexibility, low-impact aerobic, and strength exercises with self-management and group discussion geared toward maintenance of behavior change. Outcomes include improvements in joint pain, stiffness, and function; lower-extremity strength; mobility; and mood. Exercises can be done seated or standing.

FREE

Advanced registration is required; space is limited.

White Crane
Wellness Center

Chair Yoga



WEDNESDAYS AT 2:45 PM

45 minutes alternating between sitting and standing alongside/holding a chair for stability. Taught by Sharon of Essential Journey Yoga.
\$20 per month. Please select the program under the "Packages" tab or stop by the Senior Center to register.



Libertyville Senior Center Lending Closet

Monday - Friday
9:00 AM - 4:00 PM

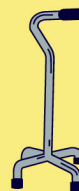
The "Lending Closet" is a collection of new and used medical equipment available for short-term loan to Village or Township residents in need of equipment such as wheelchairs, bath transfer benches, shower chairs, portable toilet seats, walkers, canes and other items.

The "Lending Closet" has a limited inventory and a revolving inventory, based upon the demands, frequency of usage, and available items in stock.

Please call ahead of time for more information and to verify the items you need are available.
847-918-8880

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SOCIAL SERVICES

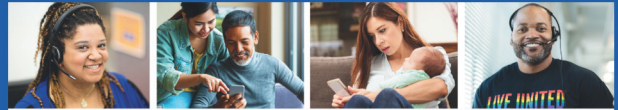
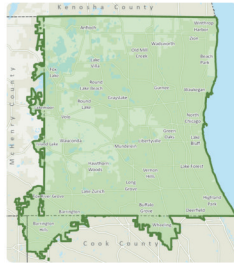


Ride Lake County offers seniors and disabled residents a unique way to get around Lake County. Whether you need a ride for work, medical and dialysis appointments, or shopping, Ride Lake County offers an easy to use travel experience that is both affordable and flexible.

Call the Pace Call Center to register and schedule: Monday- Sunday,
5:30AM- 6:00PM
1-800-201-6446

The bus service will run from 6AM-6PM seven days a week, excluding holidays. One-way fare costs will vary between \$2.00 and \$6.00 depending on how far you travel.

Ride Lake County is sponsored by Lake County and Pace Suburban Bus
lakecountyil.gov/563/Ride-Lake-County



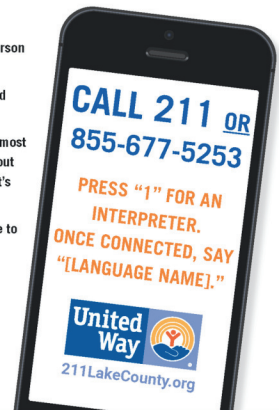
Need Help? Call 211.

IF YOU'RE LOOKING FOR HELP IN LAKE COUNTY, IL
A CARING, EXPERT NAVIGATOR WILL GUIDE YOU TO THE HELP YOU NEED:

Housing | Utilities | Food | Crisis Help | Mental Health & Addiction | Health Care
Financial Support | Personal, Child & Family Support | Education | Transportation
Employment | Legal & Immigration | Government | Volunteering | Disaster Information

WHY 211?

- **IT'S FREE** - Just call to reach a real person who will guide you to real answers.
- **IT'S FAST** - You'll be quickly connected with available resources you need.
- **IT'S COMPREHENSIVE** - 211 is the most comprehensive source of information about resources and services in Lake County. It's Lake County's one-stop shop for help.
- **IT'S CONFIDENTIAL** - You never have to provide your name...just your zip code.



UPCOMING AUGUST EVENTS



*** AARP Safe Driving Course- August 4th & 5th**



***August Birthday Bash- August 10th**

***August Bus Trip- August 20th**



*** Western BBQ- August 27th**

IMPORTANT NOTICES

Activities Registration Notice

Please be aware that activities or events that include food and/or payment of any kind require a minimum of 2 days' advance registration. Some activities do have participation limits, so it is best to sign up as soon as possible.

Trip Notice

Please be aware that since tickets are purchased far in advance for many of our trips, NO REFUNDS will be given. People can find a replacement or hope for a waiting list. If there is a waiting list 48 hours before the trip, we can help find a replacement. *Please park on the 3rd level of the Church Street Parking Garage for all trips.

Parking Notice

Please be aware of the parking signs on the street in front of the Civic Center. The Police will ticket. Please use the parking garage when possible.