



LIBERTYVILLE SENIOR UPDATE



☀️ August 2026 ☀️

LIBERTYVILLE SENIOR CENTER AT THE LIBERTYVILLE CIVIC CENTER

Amaya Peterson, Senior Center Manager

135 W. Church Street

847-247-7659

libertyvilleseniorcenter@gmail.com

Online Calendar and Registration:

<https://schedulesplus.com/libertyville>

LIBERTYVILLE SENIOR COUNCIL

First Presbyterian Church of Libertyville

Rich Monahan.....847-227-7722

Knights of Columbus #3674

James Patula.....847-828-5456

St. Joseph Catholic Church

Bob Bachochin.....224-688-2219

Cecelia DesLauriers.....847-408-0688

United Methodist Church

Robin O'Connor.....847-951-9519

Tom Plohr.....847-278-7188

Libertyville Senior Center

Bob Killackey.....847-217-9818

Deb Oberst.....862-346-0704

Jeanne Steffens.....847-767-0128

The Senior Council and Senior Center work together to provide programs, activities, and services to Libertyville area senior citizens. For information on any of the events or programs in this Update, unless otherwise noted, please contact:

Libertyville Senior Center
847-247-7659

libciviccenter.org/senior-center



INSIDE THIS ISSUE

A Minute with Amaya.....	2
Monthly Calendar.....	3
Registration Information.....	4
Weekly Activities.....	6
Trips & Special Events.....	7
Programs.....	8-10
Health Services.....	11
Social Services.....	12
Upcoming Activities.....	12

Senior Update

The Senior Council of Libertyville prints this publication. This publication is FREE and copies can be obtained at the Civic Center in the lobby brochure rack near the elevator, at the Senior Center office, or online at:

libciviccenter.org/senior-center

Additional information regarding the contents can be obtained by visiting the Senior Center office or calling
847-247-7659

Please email
civiccenlib@gmail.com
to be added to our email
distribution list.

We look forward to hearing from
you!

A MINUTE WITH AMAYA

Dear Senior Center Members,

I hope you're enjoying a wonderful summer and taking time to make memories with family and friends!

It's been a busy season at the Libertyville Senior Center, from the excitement of Libertyville Days to our Independence Day Party and Dessert in the Park. We love seeing so many of you joining us for these special events.

The fun continues in August! Be sure to join us for our August Birthday Bash, Western BBQ, and our bus trip to Milwaukee to visit the beautiful Villa Terrace Museum & Gardens. We look forward to seeing you at the Senior Center for another month of fun, friendship, and community!

Amaya



We hope to see you
soon at the
Senior Center,
"The Gathering Place."

WELCOME TO THE SENIOR CENTER

Coffee and tea are available daily for those spending time at the Senior Center. Please feel free to drop in for a cup and some friendly conversation.

Water fountains and touchless water dispensers are also available in the building.



TOGETHER WE THRIVE

To fulfill our mission at the Libertyville Senior Center (LSC): offering a gathering space, essential services, and engaging activities and programs for individuals 55 and older, the following etiquette from all members is expected:

- ✓ Treat all members, guests, and staff with respect, courtesy, and kindness.
- ✓ Avoid using abusive, threatening, or offensive language.
- ✓ Refrain from making discriminatory comments or gestures for all individuals, regardless of race, gender, religion, or other protected characteristics.
- ✓ Use equipment and facilities responsibly.
- ✓ Keep the Center clean and litter-free.
- ✓ Report any damage to the facility immediately to the Center staff.
- ✓ Avoid loud or disruptive behavior that disturbs other participants.
- ✓ Do not engage in physical altercations or harassment.
- ✓ Follow all safety guidelines and procedures.
- ✓ Report any medical emergencies to staff immediately.
- ✓ Only use spaces and resources designated for your activity.

LSC reserves the right to discontinue the participation of any individual in any program, event, or facility if it is considered by the LSC staff, or board of directors, that continued participation of the individual is not in the best interest of themselves or others.



CALENDAR OF EVENTS



AUGUST 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Exercise 3 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	9:00 Exercise 4 Noon Bridge Noon AARP Smart Driver Course 1:00 Fit & Strong 2:30 Ping Pong	9:00 Exercise 5 10:00 Dominoes 10:00 Poker Noon AARP Smart Driver Course 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	9:00 Exercise 6 1:00 Games Galore 1:00 Foot Clinic 1:00 Fit & Strong 2:30 Ping Pong	9:00 Exercise 7 10:00 Ping Pong 11:45 Food 4 Thought 3:00 Learn to Draw w/ John
9:00 Exercise 10 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle Noon Birthday Bash 1:00 Canasta 2:30 Learn to Dance	9:00 Exercise 11 Noon Bridge 1:00 Fit & Strong 2:00 Tech Tuesday 2:30 Ping Pong	9:00 Exercise 12 10:00 Dominoes 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	9:00 Exercise 13 10:30 Prostate Cancer Discussion 1:00 Games Galore 1:00 Fit & Strong 2:30 Ping Pong	9:00 Exercise 14 10:00 Ping Pong 11:30 Slice N Dice 3:00 Learn to Draw w/ John
9:00 Exercise 17 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	9:00 Exercise 18 Noon Bridge 1:00 Fit & Strong 2:30 Ping Pong	9:00 Exercise 19 10:00 Dominoes 10:00 Poker 1:00 Level 2 Line Dancing 1:00 Games Galore 2:00 Financial Advice 2:45 Chair Yoga	9:00 Exercise 20 10:00 Art Club 11:00 Villa Terrace Museum & Gardens Bus Trip 1:00 Games Galore 1:00 Fit & Strong 2:00 Legal Advice 2:30 Ping Pong	9:00 Exercise 21 10:00 Ping Pong 11:30 Pass the Trash 3:00 Learn to Draw w/ John
9:00 Exercise 24 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	9:00 Exercise 25 Noon Bridge 1:00 Fit & Strong 2:30 Ping Pong	9:00 Exercise 26 10:00 Dominoes 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	9:00 Exercise 27 10:00 Art Club Noon Western BBQ 1:00 Games Galore 1:00 Fit & Strong 2:30 Ping Pong	9:00 Exercise 28 10:00 Ping Pong 1:00 Book Club 3:00 Learn to Draw w/ John
9:00 Exercise 31 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance				

REGISTRATION & DONATION INFORMATION


REGISTER NOW

To register for events online, visit:
<https://schedulesplus.com/libertyville>.

During your first visit, please create an account using your name, address, email address, and phone number. After that, log in using the last 7 digits of your phone number to view the event calendar and register. Credit card payments are accepted, but they incur additional fees for the Senior Center. Cash or check payments are preferred.

When attending events, please check in using your 7-digit phone number at the computer station to help us track participation. You can also check in from our website by clicking the link "Online Check In" at: <https://www.libciviccenter.org/senior-center>.

Donations and sponsorships play a vital role in supporting the success of the Libertyville Senior Center. All financial contributions, big or small, are greatly appreciated and directly benefit our programs and services. You can make a tax-deductible donation online: libciviccenter.org/senior-center or in person at the Libertyville Civic Center, a registered charity. For businesses and organizations interested in sponsoring events at the Senior Center, please contact Amaya directly to explore a range of exciting partnership opportunities.

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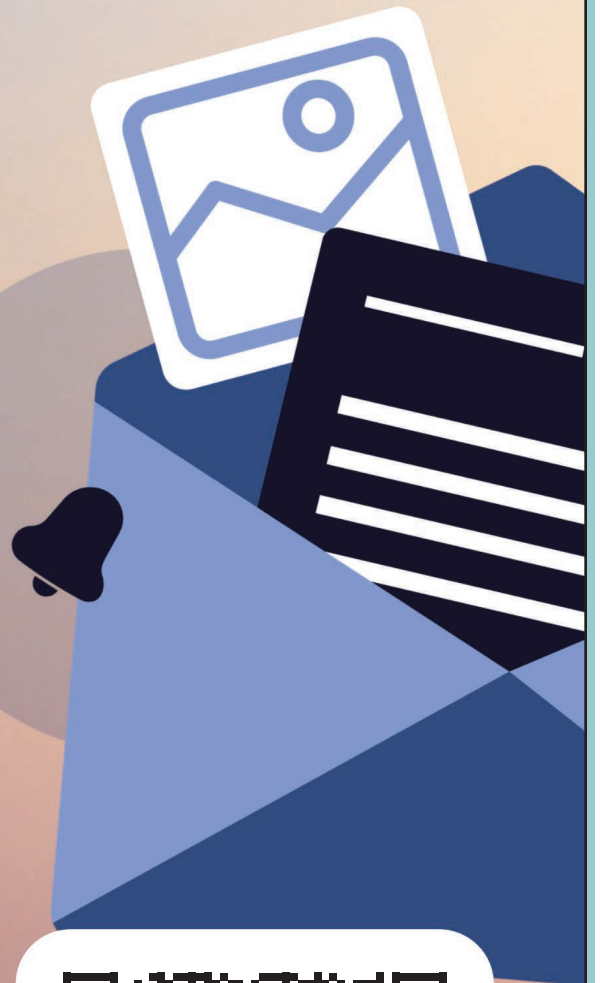


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WEEKLY ACTIVITIES AT THE SENIOR CENTER

REGISTRATION IS NOT REQUIRED UNLESS SPECIFIED

WEEKDAYS: 9 AM Exercise

Group exercise along with the Silver Foxes DVD featuring Richard Simmons.

MARVELOUS MONDAYS**10 AM Homeless Mat Making**

Cut, ball, or crochet mats from ordinary plastic bags to benefit the homeless. No experience necessary!

10 AM Poker 101

Poker for beginners. Learn various poker games and the art of betting. Bring your pennies.

Noon Pinochle

New and experienced players are welcome. Optional tournament play or just come to play for fun! If you are brand new to the game, please call Amaya at 847-247-7659.

1 PM Canasta

Beginners through experts are welcome!

1 PM Level 1 Line Dancing

Improve on the basic line dancing steps that you have learned in the entry-level Learn to Dance class. Dancers must have completed the Learn to Dance class before attending Level 1 Line Dancing. This class is for those still learning and who have been recommended by the dance instructors to attend.

2:30 PM Learn to Dance

This class teaches those who have never danced the basics of line dancing and simple steps to popular dances. This class is for those just learning to dance.

Terrific Tuesdays**Noon Bridge**

If you are brand new to the game, please call Amaya at 847-247-7659. Experienced players call Naveen at 847-362-3569 one day in advance to register.

1 PM Fit & Strong

Exercises to assist with balance, core strength & arthritis. Exercises can be done seated or standing. Advance registration is required. Space is limited.

2 PM Tech Tuesday

Do you need help with your phone, tablet, or computer? Call the Senior Center to schedule a 30-minute appointment on the 2nd Tuesday of the month. Pre-registration required.

2:30 PM Ping Pong

Everyone is welcome! We have two tables set up for your Ping Pong adventures.

WILD WEDNESDAYS**10 AM Dominoes**

Come play Mexican Train dominoes and enjoy some fun and conversation with others.

10 AM Poker 1st & 3rd Wednesdays

There are two poker tables, so there is an opportunity for beginners and experienced players to play at separate tables.

1 PM Games Galore

Card games, dice games, board games, Mahjong, you name it! We have some games here, but you are welcome to bring your favorites with you!

1 PM Level 2 Line Dancing

For those who have mastered the basic steps and dances and are ready to learn and dance at a faster pace using more challenging turns and steps.

2:45 PM Chair Yoga

45 minutes alternating between sitting and standing alongside/holding a chair for stability. \$20 per month. Registration required.

THOUGHTFUL THURSDAYS**10 AM Art Club**

Get your creative juices flowing! Join us in this multimedia art club. We focus on fun, camaraderie, and creativity. The Art Club meets twice a month. See the ad for dates and upcoming projects. **Registration is required.**

1 PM Fit & Strong

Exercises to assist with balance, core strength & arthritis. Exercises can be done seated or standing. Advance registration is required. Space is limited.

1 PM Games Galore

Card games, dice games, board games, Mahjong, you name it! We have some games here, but you are welcome to bring your favorites!

2:30 PM Ping Pong

Everyone is welcome! We have two tables set up for your Ping Pong adventures.

Fantastic Fridays**10 AM Ping Pong**

Everyone is welcome! We have two tables set up for your Ping Pong adventures.

3 PM Learn to Draw with John

A learn to draw art class taught by the one and only John Kirkpatrick Jr. This one-hour fun class is a great way to hang out and enjoy some casual, social, fun drawing time with friends. Drawing supplies are provided. \$20 per month.

TRIPS & SPECIAL EVENTS

BIRTHDAY BASH

MONDAY, AUGUST 10TH
AT NOON

Lunch will be panko encrusted chicken ala Kiev filled with garlic herb butter, long grain wild rice, green beans almondine, and salad from Catered Productions, plus birthday cake for dessert.

After lunch, we are excited to welcome back jazz vocalist Petra van Nuis with "Let's Face the Music and Dance," a program of is toe tapping dance themed songs including "Cheek To Cheek," "Stompin At The Savoy," "Come Dance With Me," "Should We Dance" and more! Rounding out the ensemble are former Count Basie saxophonist Eric Schneider and the ever-swinging Dennis Luxion at the piano!

\$16, register by noon on Friday, August 7th to attend.

If you would like to attend the music portion only, please register in advance with the Cook Memorial Library at: cooklib.org/events and join us at 1pm.

VILLA TERRACE MUSEUM & GARDENS BUS TRIP

THURSDAY, AUGUST 20TH



Join us as we step into the elegance of the 1920s with a visit to Villa Terrace, a stunning Italian Renaissance-style villa in Milwaukee. We will explore the beautifully preserved historic home, now a museum filled with art, history, and breathtaking lake views.

Cost: \$45; includes boxed lunch, ticket to Villa Terrace, and bus transportation.

The bus will leave the Senior Center at 11 am and return at approximately 3 pm.

Stop into the Senior Center to Register!

Trip is non-refundable.

WESTERN BBQ

THURSDAY, AUGUST 27TH
AT NOON
Cost: \$16

Put on your best western wear and join us for an afternoon of wild, wild, western fun!

Lunch will be pulled pork sliders, BBQ beans, potato salad, and garden salad from Smokin' Jack's BBQ, plus dessert!

After lunch, we will enjoy a country music performance with Jack Evans, a talented vocalist known for his authentic sound and crowd-pleasing hits from the '80s and '90s. With his engaging stage presence and extensive repertoire of country favorites, Jack delivers a high-energy show that's sure to have audiences singing and dancing along.

PLEASE REGISTER BY AUGUST 24TH AT NOON

Event sponsored by: 

CUBS GAME BUS TRIP

THURSDAY, SEPTEMBER 24TH

We are headed to the iconic Wrigley Field for an afternoon of baseball fun watching the Cubs play the Marlins!

COST: \$90

INCLUDES GAME TICKET (SECTION 203), LUNCH VOUCHER, AND TRANSPORTATION.

TRIP IS NON-REFUNDABLE.

BUS WILL LEAVE THE SENIOR CENTER AT 11:00AM AND RETURN AT APPROXIMATELY 6:00PM. WE WILL STAY FOR THE ENTIRE GAME.

STOP BY THE SENIOR CENTER TO REGISTER!

TRIPS & PROGRAMS

AARP Smart Driver Course

Tuesday, August 4th and Wednesday,
August 5th

12:00 - 4:00pm on both days

This course consists of two four-hour sessions taught by an AARP Instructor. You must attend both days.

Please bring your Drivers License and AARP card if you are an AARP member.

Cost: \$20 for AARP members and \$25 for non-members.

Cost includes all course materials.

Please bring cash or check made payable to AARP.

Insurance discount is available with completion of course!



ART CLUB

AUGUST 20 & 27

10 - 11:30 AM

August 20 – Mexican Folk Art Tea Light Candle Holder – Take a little trip to Mexico—no passport required! Inspired by the colorful Árbol de la Vida tradition, you'll create a decorative floral candle holder from air-dry clay. It's relaxing, beginner-friendly, and every masterpiece is as unique as its artist.

August 27 – Watercolor Greeting Cards Conquer the magic of watercolor one brushstroke at a time! We'll explore easy techniques to create charming handmade greeting cards full of color, personality, and your own artistic touch.

BOTH FREE, but registration required.



Friday, August 7th

11:45 AM

Meet us out for lunch and enjoy some fun, thought-provoking questions and great conversations with friends.

Meet up in Cook Park in Libertyville, where everyone will buy their own lunch from one of the Lunch in the Park food vendors. Please bring your own chair.

PROSTATE CANCER INFORMATION DISCUSSION

Thursday, August 13th
10:30 am



HAVE YOU EVER BEEN CURIOUS TO LEARN ABOUT PROSTATE CANCER? JOIN ANANT KULKARNI, MD PHD, FOR A DISCUSSION SESSION ON THIS IMPORTANT TOPIC. HE HAS LIVED WITH PROSTATE CANCER FOR 25 YEARS, AND HAS HELPED MANY PATIENTS AS WELL. YOU WILL BE GIVEN INFORMATION ABOUT WHAT PROSTATE CANCER IS, HOW TO SUPPORT SOMEONE YOU KNOW THAT HAS BEEN DIAGNOSED, AND HAVE A CHANCE TO ASK QUESTIONS.



Free, please register by 8/12 at noon.

PROGRAMS



Slice N Dice

FRIDAY, AUGUST 14TH

11:30 AM



\$6 INCLUDES PIZZA,
DESSERT, AND
SODA.



REGISTER BY NOON ON THURSDAY,
AUGUST 13TH TO ATTEND.

THE GROUP WILL SELECT AN EASY DICE
GAME THAT WORKS FOR BEGINNERS
AND EXPERIENCED PLAYERS.
COME GIVE IT A ROLL!



FINANCIAL ADVICE

WEDNESDAY, AUGUST 19TH
2-3 PM

Larry Pershing, CFP, RMA, is a financial planner. Schedule a 1:1 session if you have questions about Social Security, taxation in retirement, preparing for retirement, retirement accounts, long-term care insurance, annuities, or perhaps you want a second opinion on a decision you are considering.

BOOK YOUR APPOINTMENT



Register online or call the Senior Center at
847-247-7659 to sign up for a 30-minute
complimentary session.

LEGAL ADVICE

THURSDAY, AUGUST 20TH

2-3 PM

Attorney Michael Furlong will be at
the Senior Center for free legal help.



Register online or call the Senior Center
at 847-247-7659 to sign up for a
complimentary 15-minute appointment.

PASS THE TRASH

Friday, August 21st

11:30 AM

Bring a luncheon/appetizer
dish to pass!

This simple game uses only one card
and there is no strategy, just fun!

Walk-ins welcome!



PROGRAMS

BOOK CLUB

Join us for a monthly program where we discuss a book chosen by the group. Led by Kari from White Crane Wellness, the group will vote on which book to read for future meetings.

August Meeting: August 28th at 1:00 PM
Book being discussed: *The River We Remember* by William Kent Krueger

September Meeting: September 25th at 1:00pm
Book being discussed: *Borrowed Life* of Frederick Fife by Anna Johnston

October Meeting: October 23rd at 1:00pm
Book being discussed: *Theo of Golden* by Allen Levi

White Crane
Wellness Center

FREE!



Poker



1st & 3rd Wednesdays

10:00 AM

There are 2 poker tables so there is the opportunity for beginners and experienced players to play at separate tables.



PINOCHLE

LET THE GAME BEGIN!

**MONDAYS
NOON**

NEW AND EXPERIENCED PLAYERS ARE WELCOME TO COME PLAY CARDS. OPTIONAL TOURNAMENT PLAY OR JUST COME TO PLAY FOR FUN! IF YOU ARE BRAND NEW TO THE GAME, PLEASE CALL THE SENIOR CENTER AT 847-247-7659.



PING PONG

EVERYONE IS WELCOME!

TUESDAYS: 2:30-4:00PM

THURSDAYS: 2:30-4:00PM

&

FRIDAYS: 10:00- 12:30PM

**WE HAVE 2 TABLES SET UP
FOR YOUR PING PONG
ADVENTURES!**

**FREE, PADDLES AND TABLES
PROVIDED**



**LEARN TO DRAW WITH
JOHN KIRKPATRICK JR.**

FRIDAYS AT 3 PM

This is a fun, one-hour learn to draw class. Drawing supplies are provided.

Cost: \$20 per month



HEALTH SERVICES



Thursday, August 6th

1 PM - 3 PM

Services are provided by:



Appointments are for free nail trimming, corn or bunion repair, and counseling on general foot issues.

Call or stop in to the Senior Center for more information or to make a 30-minute appointment.

Libertyville Senior Center Lending Closet

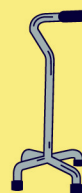
Monday - Friday
9:00 AM - 4:00 PM

The "Lending Closet" is a collection of new and used medical equipment available for short-term loan to Village or Township residents in need of equipment such as wheelchairs, bath transfer benches, shower chairs, portable toilet seats, walkers, canes and other items.

The "Lending Closet" has a limited inventory and a revolving inventory, based upon the demands, frequency of usage, and available items in stock.

Please call ahead of time for more information and to verify the items you need are available.
847-918-8880

Sponsored by:



Fit & Strong

Tuesdays & Thursdays at 1:00 PM

July 7th - September 24th



Exercises to assist with balance, core strength, & arthritis. This class combines tailored flexibility, low-impact aerobic, and strength exercises with self-management and group discussion geared toward maintenance of behavior change. Outcomes include improvements in joint pain, stiffness, and function; lower-extremity strength; mobility; and mood. Exercises can be done seated or standing.

CLASS IS FULL

Chair Yoga

WEDNESDAYS AT 2:45 PM

45 minutes alternating between sitting and standing alongside/holding a chair for stability. Taught by Sharon of Essential Journey Yoga.

\$20 per month. Please select the program under the "Packages" tab or stop by the Senior Center to register.



SOCIAL SERVICES

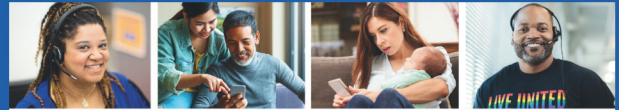
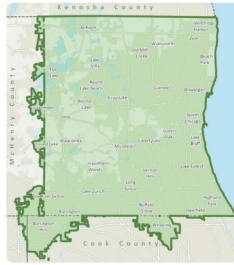


Ride Lake County offers seniors and disabled residents a unique way to get around Lake County. Whether you need a ride for work, medical and dialysis appointments, or shopping, Ride Lake County offers an easy to use travel experience that is both affordable and flexible.

Call the Pace Call Center to register and schedule: Monday- Sunday,
5:30AM- 6:00PM
1-800-201-6446

The bus service will run from 6AM-6PM seven days a week, excluding holidays. One-way fare costs will vary between \$2.00 and \$6.00 depending on how far you travel.

Ride Lake County is sponsored by Lake County and Pace Suburban Bus
lakecountyil.gov/563/Ride-Lake-County



Need Help? Call 211.

IF YOU'RE LOOKING FOR HELP IN LAKE COUNTY, IL
A CARING, EXPERT NAVIGATOR WILL GUIDE YOU TO THE HELP YOU NEED:

Housing | Utilities | Food | Crisis Help | Mental Health & Addiction | Health Care
Financial Support | Personal, Child & Family Support | Education | Transportation
Employment | Legal & Immigration | Government | Volunteering | Disaster Information

WHY 211?

- **IT'S FREE** - Just call to reach a real person who will guide you to real answers.
- **IT'S FAST** - You'll be quickly connected with available resources you need.
- **IT'S COMPREHENSIVE** - 211 is the most comprehensive source of information about resources and services in Lake County. It's Lake County's one-stop shop for help.
- **IT'S CONFIDENTIAL** - You never have to provide your name...just your zip code.



UPCOMING SEPTEMBER EVENTS



***September Birthday Bash - September 14th**



***Cubs vs. Marlins Bus Trip - September 24th**



*** Oktoberfest - September 29th**

IMPORTANT NOTICES

Activities Registration Notice

Please be aware that activities or events that include food and/or payment of any kind require a minimum of 2 days' advance registration. Some activities do have participation limits, so it is best to sign up as soon as possible.

Trip Notice

Please be aware that since tickets are purchased far in advance for many of our trips, NO REFUNDS will be given. People can find a replacement or hope for a waiting list. If there is a waiting list 48 hours before the trip, we can help find a replacement. *Please park on the 3rd level of the Church Street Parking Garage for all trips.

Parking Notice

Please be aware of the parking signs on the street in front of the Civic Center. The Police will ticket. Please use the parking garage when possible.