



LIBERTYVILLE SENIOR UPDATE



 *September 2026* 

LIBERTYVILLE SENIOR CENTER AT THE LIBERTYVILLE CIVIC CENTER

Amaya Peterson, Senior Center Manager

135 W. Church Street

847-247-7659

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Online Calendar and Registration:

<https://schedulesplus.com/libertyville>

LIBERTYVILLE SENIOR COUNCIL

First Presbyterian Church of Libertyville

Rich Monahan.....847-227-7722

Knights of Columbus #3674

James Patula.....847-828-5456

St. Joseph Catholic Church

Bob Bachochin.....224-688-2219

Cecelia DesLauriers.....847-408-0688

United Methodist Church

Robin O'Connor.....847-951-9519

Tom Plohr.....847-278-7188

Libertyville Senior Center

Bob Killackey.....847-217-9818

Deb Oberst.....862-346-0704

Jeanne Steffens.....847-767-0128

The Senior Council and Senior Center work together to provide programs, activities, and services to Libertyville area senior citizens. For information on any of the events or programs in this Update, unless otherwise noted, please contact:

Libertyville Senior Center
847-247-7659

libciviccenter.org/senior-center



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Senior Update

The Senior Council of Libertyville prints this publication. This publication is FREE and copies can be obtained at the Civic Center in the lobby brochure rack near the elevator, at the Senior Center office, or online at:

libciviccenter.org/senior-center

Additional information regarding the contents can be obtained by visiting the Senior Center office or calling
847-247-7659

Please email
civiccenterlib@gmail.com
to be added to our email
distribution list.

We look forward to hearing from
you!

A MINUTE WITH AMAYA

Hello! My name is Melissa and I'm the new Program Assistant here at the Libertyville Civic Center and Senior Center. I'm really excited to be here!

I grew up in Highland Park and graduated from the University of Wisconsin in Madison with a degree in Psychology. After college, I joined my family's residential home construction business. As it turns out, I found more than a career there, I met my husband, Bryon!

Today we live in Mundelein with our three sons, Luke, Zack and Shane and our giant dog, Ziggy. If you ever ask me what we're doing on the weekends, chances are the answer is volleyball! All 3 of our boys are or were involved in high school and club volleyball, so it keeps us busy!

I'm thrilled to be joining such a wonderful community and I already feel so welcomed. Please don't hesitate to stop by and say hello!

Melissa



We hope to see you
soon at the
Senior Center,
"The Gathering Place."

WELCOME TO THE SENIOR CENTER

Coffee and tea are available daily for those spending time at the Senior Center. Please feel free to drop in for a cup and some friendly conversation.

Water fountains and touchless water dispensers are also available in the building.



TOGETHER WE THRIVE

To fulfill our mission at the Libertyville Senior Center (LSC): offering a gathering space, essential services, and engaging activities and programs for individuals 55 and older, the following etiquette from all members is expected:

- ✓ Treat all members, guests, and staff with respect, courtesy, and kindness.
- ✓ Avoid using abusive, threatening, or offensive language.
- ✓ Refrain from making discriminatory comments or gestures for all individuals, regardless of race, gender, religion, or other protected characteristics.
- ✓ Use equipment and facilities responsibly.
- ✓ Keep the Center clean and litter-free.
- ✓ Report any damage to the facility immediately to the Center staff.
- ✓ Avoid loud or disruptive behavior that disturbs other participants.
- ✓ Do not engage in physical altercations or harassment.
- ✓ Follow all safety guidelines and procedures.
- ✓ Report any medical emergencies to staff immediately.
- ✓ Only use spaces and resources designated for your activity.

LSC reserves the right to discontinue the participation of any individual in any program, event, or facility if it is considered by the LSC staff, or board of directors, that continued participation of the individual is not in the best interest of themselves or others.



CALENDAR OF EVENTS



SEPTEMBER 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 9:00 Exercise 10:30 Ping Pong 2:00 Fit & Strong	2 9:00 Exercise 10:00 Dominoes 10:00 Poker 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	3 9:00 Exercise 10:00 Art Club 10:30 Ping Pong 1:00 Games Galore 2:00 Fit & Strong	4 9:00 Exercise 10:30 Ping Pong 3:00 Learn to Draw w/ John
7 Civic Center & Senior Centers CLOSED in observance of Labor Day 	8 9:00 Exercise 10:30 Ping Pong 2:00 Fit & Strong 2:00 Tech Tuesday	9 9:00 Exercise 10:00 Dominoes 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	10 9:00 Exercise *NO PING PONG* 11:00 Willow Lawn Lunch N Learn 1:00 Games Galore 2:00 Fit & Strong	11 9:00 Exercise 10:30 Ping Pong 11:45 Food 4 Thought 3:00 Learn to Draw w/ John
14 9:00 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 Noon Birthday Bash 1:00 Canasta 2:30 Learn to Dance	15 9:00 Exercise 10:30 Ping Pong 2:00 Fit & Strong	16 9:00 Exercise 10:00 Dominoes 10:00 Poker 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	17 9:00 Exercise 10:00 Art Club 10:30 Ping Pong 1:00 Games Galore 2:00 Fit & Strong 2:00 Legal Advice	18 9:00 Exercise 10:30 Ping Pong 11:30 Slice N Dice 3:00 Learn to Draw w/ John
21 9:00 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	22 9:00 Exercise 10:30 Ping Pong 2:00 Fit & Strong	23 9:00 Exercise 10:00 Dominoes 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	24 9:00 Exercise 10:30 Ping Pong 11:00 Cubs Game Trip 1:00 Games Galore 2:00 Fit & Strong	25 9:00 Exercise 10:30 Ping Pong 11:30 Pass the Trash 1:00 Book Club 3:00 Learn to Draw w/ John
28 9:00 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	29 9:00 Exercise *NO PING PONG* Noon Oktoberfest	30 9:00 Exercise 10:00 Dominoes 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga		

REGISTRATION & DONATION INFORMATION

To register for events online, visit:
<https://schedulesplus.com/libertyville>.

During your first visit, please create an account using your name, address, email address, and phone number. After that, log in using the last 7 digits of your phone number to view the event calendar and register. Credit card payments are accepted, but they incur additional fees for the Senior Center. Cash or check payments are preferred.

When attending events, please check in using your 7-digit phone number at the computer station to help us track participation. You can also check in from our website by clicking the link "Online Check In" at: <https://www.libciviccenter.org/senior-center>.

Donations and sponsorships play a vital role in supporting the success of the Libertyville Senior Center. All financial contributions, big or small, are greatly appreciated and directly benefit our programs and services. You can make a tax-deductible donation online: libciviccenter.org/senior-center or in person at the Libertyville Civic Center, a registered charity. For businesses and organizations interested in sponsoring events at the Senior Center, please contact Amaya directly to explore a range of exciting partnership opportunities.

THANK YOU!



WEEKLY ACTIVITIES AT THE SENIOR CENTER

REGISTRATION IS NOT REQUIRED UNLESS SPECIFIED

WEEKDAYS: 9 AM Exercise
Group exercise along with the Silver Foxes DVD featuring Richard Simmons.

MARVELOUS MONDAYS

10 AM Homeless Mat Making

Cut, ball, or crochet mats from ordinary plastic bags to benefit the homeless. No experience necessary!

10 AM Poker 101

Poker for beginners. Learn various poker games and the art of betting. Bring your pennies.

Neon Pinochle

New and experienced players are welcome. Optional tournament play or just come to play for fun! If you are brand new to the game, please call Amaya at 847-247-7659. **CANCELED FOR SEPTEMBER.**

1 PM Canasta

Beginners through experts are welcome!

1 PM Level 1 Line Dancing

Improve on the basic line dancing steps that you have learned in the entry-level Learn to Dance class. Dancers must have completed the Learn to Dance class before attending Level 1 Line Dancing. This class is for those still learning and who have been recommended by the dance instructors to attend.

2:30 PM Learn to Dance

This class teaches those who have never danced the basics of line dancing and simple steps to popular dances. This class is for those just learning to dance.

Terrific Tuesdays

10:30 AM Ping Pong

Everyone is welcome! We have two tables set up for your Ping Pong adventures.

Neon Bridge

If you are brand new to the game, please call Amaya at 847-247-7659. Experienced players call Naveen at 847-362-3569 one day in advance to register. **CANCELED FOR SEPTEMBER.**

2 PM Fit & Strong

Exercises to assist with balance, core strength & arthritis. Exercises can be done seated or standing. Advance registration is required. Space is limited.

2 PM Tech Tuesday

Do you need help with your phone, tablet, or computer? Call the Senior Center to schedule a 30-minute appointment on the 2nd Tuesday of the month. Pre-registration required.

WILD WEDNESDAYS

10 AM Dominoes

Come play Mexican Train dominoes and enjoy some fun and conversation with others.

10 AM Poker

There are two poker tables, so there is an opportunity for beginners and experienced players to play at separate tables.

1 PM Games Galore

Card games, dice games, board games, Mahjong, you name it! We have some games here, but you are welcome to bring your favorites with you!

1 PM Level 2 Line Dancing

For those who have mastered the basic steps and dances and are ready to learn and dance at a faster pace using more challenging turns and steps.

2:45 PM Chair Yoga

45 minutes alternating between sitting and standing alongside/holding a chair for stability. \$20 per month. Registration required.

THOUGHTFUL THURSDAYS

10 AM Art Club

Get your creative juices flowing! Join us in this multi-media art club. We focus on fun, camaraderie, and creativity. Club meets twice a month see ad for dates and upcoming projects.

10:30 AM Ping Pong

Everyone is welcome! We have two tables set up for your Ping Pong adventures.

1 PM Games Galore

Card games, dice games, board games, Mahjong, you name it! We have some games here, but you are welcome to bring your favorites with you!

2 PM Fit & Strong

Exercises to assist with balance, core strength & arthritis. Exercises can be done seated or standing. Advance registration is required. Space is limited.

Fantastic Fridays

10:30 AM Ping Pong

Everyone is welcome! We have two tables set up for your Ping Pong adventures.

3 PM Learn to Draw with John

A learn to draw art class taught by the one and only John Kirkpatrick Jr. This one-hour fun class is a great way to hang out and enjoy some casual, social, fun drawing time with friends. Drawing supplies are provided. \$20 per month.

TRIPS & SPECIAL EVENTS

BIRTHDAY BASH

**MONDAY, SEPTEMBER 14TH
AT NOON**

Lunch will be beef stir fry, fried rice, egg roll with sweet & sour sauce, and salad from Catered Productions, plus birthday cake for dessert.

After lunch, we will be joined by Maureen Christine. Maureen is an award-winning vocalist with an engaging personality. Her program will include a variety of music thru the decades featuring a variety of songs to listen to, some to sing a long with, and even some for those who love to dance!

Event sponsored by: **\$16, register by noon on Friday, September 11th to attend**



Assisting Hands®
Home Care

If you would like to attend the music portion only, please register in advance with the Cook Memorial Library at: cooklib.org/events and join us at 1pm.

OKTOBERFEST Party

TUESDAY, SEPTEMBER 29TH AT NOON



COST: \$16



PROST! JOIN US FOR AN AFTERNOON OF FUN AS WE ENJOY A GERMAN-STYLE LUNCH AND ENTERTAINMENT.

LUNCH WILL BE BAVARIAN POT ROAST WITH RED CABBAGE, LYONNAISE POTATOES, SALAD, AND DESSERT.

AFTER LUNCH, WE WILL BE JOINED BY THE CHICAGO POLKA BAND WHO WILL PLAY FUN POLKA TUNES THAT ARE SURE TO MAKE YOU GET UP AND DANCE!

Please register by 9/25 at noon

CUBS GAME BUS TRIP



THURSDAY, SEPTEMBER 24TH

We are headed to the iconic Wrigley Field for an afternoon of baseball fun watching the Cubs play the Marlins!

COST: \$90

INCLUDES GAME TICKET (SECTION 203), CONCESSIONS, AND TRANSPORTATION.

TRIP IS NON-REFUNDABLE.

BUS WILL LEAVE THE SENIOR CENTER AT 11:00AM AND RETURN AT APPROXIMATELY 6:00PM. WE WILL STAY FOR THE ENTIRE GAME.

STOP BY THE SENIOR CENTER TO REGISTER!

TOBIE FAMILY FARM PUMPKIN PATCH MEET UP

THURSDAY, OCTOBER 15TH

1:00 PM until 3:00 PM

Pumpkin Patch | Hay Ride | Corn Maze

**FREE; PARTICIPANTS WILL MEET AT TOBIE FAMILY FARM
22082 W PETERSON RD. GRAYSLAKE, IL 60030**

EVERYONE WILL PAY A LA CARTE FOR ANY ACTIVITIES THEY CHOOSE TO PARTICIPATE IN.

REGISTRATION REQUIRED, PLEASE REGISTER BY MONDAY, OCTOBER 12TH AT NOON.

TRIPS & PROGRAMS

DANCING HORSES THEATRE BUS TRIP

WEDNESDAY, NOVEMBER 18TH



CELEBRATE THE HOLIDAY SEASON WITH A TRIP TO THE DANCING HORSES DINNER THEATRE! ENJOY THEIR SPECTACULAR HOLIDAY SHOW, FEATURING BEAUTIFULLY CHOREOGRAPHED ARABIAN HORSES IN A MAGICAL PERFORMANCE.

BEFORE THE SHOW, WE'LL ENJOY A DELICIOUS LUNCH WHICH INCLUDES SLICED TURKEY ON A CROISSANT, POTATO SALAD, FRESH FRUIT, A CUPCAKE, AND A BEVERAGE.

AFTER THE SHOW, WE WILL TAKE AN EXCLUSIVE BACKSTAGE TOUR TO MEET THE TALENTED PERFORMERS AND THEIR MAGNIFICENT HORSES.

COST: \$85 WHICH INCLUDES LUNCH, SHOW, BACKSTAGE TOUR, AND BUS TRANSPORTATION.

BUS WILL LEAVE THE SENIOR CENTER AT 10:30 AM AND RETURN AT APPROXIMATELY 5 PM. STOP INTO THE SENIOR CENTER TO REGISTER!

TRIP IS NON REFUNDABLE



THE LIBERTYVILLE CIVIC & SENIOR CENTER WILL BE UNDERGOING RENOVATIONS IN SEPTEMBER.

DURING THIS TIME, THE LOWER LEVEL (ROOMS E & F) WILL BE CLOSED AND INACCESSIBLE.

DUE TO LIMITED SPACE, PINOCHLE, BRIDGE, AND THE FOOT CLINIC WILL NOT BE OFFERED DURING SEPTEMBER. WE APPRECIATE YOUR PATIENCE AND UNDERSTANDING AS WE MAKE IMPROVEMENTS TO OUR FACILITY FOR EVERYONE'S ENJOYMENT.



ART CLUB SEPTEMBER 3 & 17 10 - 11:30 AM



SEPTEMBER 3 - MADE BY YOU
Your recipes deserve more than masking tape! Create custom labels for food jars, books, memory boxes, handmade gifts, and just about anything else. The sky's the limit—and you'll leave with 10 printed 2" x 4" adhesive labels featuring your own design.

SEPTEMBER 17 - BRING THE FLOWERS INSIDE
Sure, you've probably seen flowers made from egg cartons... but trust me—no two bouquets are ever the same! Turn an ordinary carton into a colorful keepsake that will never need watering. Beautiful, cheerful, and 100% made by you!

BOTH FREE, but registration required.

LET'S LUNCH & LEARN TOGETHER

**Thursday, September 10th
11:00 AM**

Willow Lawn Memorial Park Presents:

Interested in advanced planning, estate preparation, and end-of-life decision making? Willow Lawn will be here to provide information and guidance to help individuals and families reduce stress, make informed choices, and better understand their options before a crisis arises.

Cost: Lunch is \$6, provided by Cafe Zupas. Choice of sandwich when you register, please register by 9/8 at noon.

Walk-ins are welcome for the lecture only, which will begin at 11 am.



PROGRAMS



Friday, September 11th

11:45 AM

Meet us out for lunch and enjoy some fun, thought-provoking questions and great conversations with friends.

Meet up at Portillo's in Vernon Hills, where everyone will order and pay for their own meal.

FINANCIAL ADVICE

**CANCELED FOR SEPTEMBER & OCTOBER
WILL RETURN IN NOVEMBER**

Larry Pershing, CFP, RMA, is a financial planner. Schedule a 1:1 session if you have questions about Social Security, taxation in retirement, preparing for retirement, retirement accounts, long-term care insurance, annuities, or perhaps you want a second opinion on a decision you are considering.

BOOK YOUR APPOINTMENT



Register online or call the Senior Center at 847-247-7659 to sign up for a 30-minute complimentary session.

LEGAL ADVICE

THURSDAY, SEPTEMBER 17TH

2-3 PM

Attorney Michael Furlong will be at the Senior Center for free legal help.



Register online or call the Senior Center at 847-247-7659 to sign up for a complimentary 15-minute appointment.



Slice N Dice

FRIDAY, SEPTEMBER 18TH

11:30 AM



\$6 INCLUDES PIZZA, DESSERT, AND SODA.



REGISTER BY NOON ON THURSDAY, SEPTEMBER 17TH TO ATTEND.

THE GROUP WILL SELECT AN EASY DICE GAME THAT WORKS FOR BEGINNERS AND EXPERIENCED PLAYERS. COME GIVE IT A ROLL!



PROGRAMS

PASS THE TRASH

Friday, September 25th

11:30 AM

Bring a luncheon/appetizer dish to pass!

This simple game uses only one card and there is no strategy, just fun!

Walk-ins welcome!



BOOK CLUB

Join us for a monthly program where we discuss a book chosen by the group. Led by Kari from White Crane Wellness, the group will vote on which book to read for future meetings.

September Meeting: September 25th at 1:00pm
Book being discussed: Borrowed Life of Frederick Fife by Anna Johnston

October Meeting: October 23rd at 1:00pm
Book being discussed: Theo of Golden by Allen Levi

November Meeting: November 20th at 1:00pm
Book being discussed: West with Giraffes by Lynda Rutledge

White Crane Wellness Center

FREE!



VOLUNTEERS NEEDED

WE ARE LOOKING FOR KITCHEN HELP FOR OUR PARTIES AT THE SENIOR CENTER TWICE PER MONTH.

KITCHEN HELPERS WILL:

- PORTION FOOD
- SERVE FOOD AT TABLES AND ON THE BUFFET LINE
- CLEAR TABLES
- CLEAN AND PUT AWAY DISHES

HOURS ARE APPROXIMATELY 11:15AM - 2:15PM AND INCLUDES A COMPLIMENTARY LUNCH

FOR MORE INFORMATION OR TO VOLUNTEER PLEASE CONTACT THE SENIOR CENTER AT 847-247-7659.



SEPTEMBER PING PONG

EVERYONE IS WELCOME!

TUESDAYS: 10:30 AM- 12 PM

THURSDAYS: 10:30 AM- 12 PM
&

FRIDAYS: 10:30 AM - 12 PM

WE HAVE 2 TABLES SET UP FOR YOUR PING PONG ADVENTURES!

FREE, PADDLES AND TABLES PROVIDED



HEALTH SERVICES



CANCELED FOR SEPTEMBER

Due to the renovations being done to the Civic Center lower level rooms, the foot clinic is canceled for the month of September, but will return in the month of October. Please keep a look out for the October date in the October Senior Center Update. Sorry for the inconvenience.

Services are provided by:



Libertyville Senior Center Lending Closet

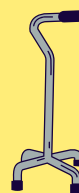
Monday - Friday
9:00 AM - 4:00 PM

The "Lending Closet" is a collection of new and used medical equipment available for short-term loan to Village or Township residents in need of equipment such as wheelchairs, bath transfer benches, shower chairs, portable toilet seats, walkers, canes and other items.

The "Lending Closet" has a limited inventory and a revolving inventory, based upon the demands, frequency of usage, and available items in stock.

Please call ahead of time for more information and to verify the items you need are available.
847-918-8880

Sponsored by:



WEDNESDAYS AT 2:45 PM

45 minutes alternating between sitting and standing alongside/holding a chair for stability. Taught by Sharon of Essential Journey Yoga.

\$20 per month. Please select the program under the "Packages" tab or stop by the Senior Center to register.



SOCIAL SERVICES

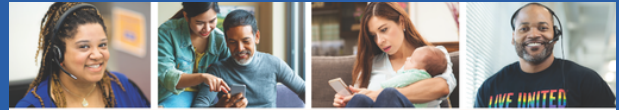
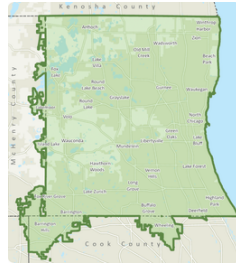


Ride Lake County offers seniors and disabled residents a unique way to get around Lake County. Whether you need a ride for work, medical and dialysis appointments, or shopping, Ride Lake County offers an easy to use travel experience that is both affordable and flexible.

Call the Pace Call Center to register and schedule: Monday- Sunday,
5:30AM- 6:00PM
1-800-201-6446

The bus service will run from 6AM-6PM seven days a week, excluding holidays. One-way fare costs will vary between \$2.00 and \$6.00 depending on how far you travel.

Ride Lake County is sponsored by Lake County and Pace Suburban Bus
lakecountyil.gov/563/Ride-Lake-County



Need Help? Call 211.

IF YOU'RE LOOKING FOR HELP IN LAKE COUNTY, IL
A CARING, EXPERT NAVIGATOR WILL GUIDE YOU TO THE HELP YOU NEED:

Housing | Utilities | Food | Crisis Help | Mental Health & Addiction | Health Care
Financial Support | Personal, Child & Family Support | Education | Transportation
Employment | Legal & Immigration | Government | Volunteering | Disaster Information

WHY 211?

- **IT'S FREE** - Just call to reach a real person who will guide you to real answers.
- **IT'S FAST** - You'll be quickly connected with available resources you need.
- **IT'S COMPREHENSIVE** - 211 is the most comprehensive source of information about resources and services in Lake County. It's Lake County's one-stop shop for help.
- **IT'S CONFIDENTIAL** - You never have to provide your name...just your zip code.



UPCOMING OCTOBER EVENTS



*Fall Prevention Lunch N Learn - October 8th



*October Birthday Bash - October 12th



*Tobie Family Farm Meet-up - October 15th



*Medicare Lunch N Learn - October 27th



* Halloween Party - October 30th

IMPORTANT NOTICES

Activities Registration Notice

Please be aware that activities or events that include food and/or payment of any kind require a minimum of 2 days' advance registration. Some activities do have participation limits, so it is best to sign up as soon as possible.

Trip Notice

Please be aware that since tickets are purchased far in advance for many of our trips, NO REFUNDS will be given. People can find a replacement or hope for a waiting list. If there is a waiting list 48 hours before the trip, we can help find a replacement. *Please park on the 3rd level of the Church Street Parking Garage for all trips.

Parking Notice

Please be aware of the parking signs on the street in front of the Civic Center. The Police will ticket. Please use the parking garage when possible.