



LIBERTYVILLE SENIOR UPDATE



November 2025

LIBERTYVILLE SENIOR CENTER AT THE LIBERTYVILLE CIVIC CENTER

Carla Slotarski, Senior Center Manager

135 W. Church Street
847-247-7659
libertyvilleseniorcenter@gmail.com

Online Calendar and Registration:

<https://schedulesplus.com/libertyville>

LIBERTYVILLE SENIOR COUNCIL

First Presbyterian Church of Libertyville

Rich Monahan.....847-227-7722

Knights of Columbus #3674

James Patula.....847-828-5456

St. Joseph Catholic Church

Bob Bachochin.....224-688-2219
Cecelia DesLauriers.....847-408-0688

United Methodist Church

Robin O'Connor.....847-951-9519
Tom Plohr.....847-278-7188

Bob Killackey.....847-217-9818
Deb Oberst.....862-346-0704
Jeanne Steffens.....847-767-0128

The Senior Council and Senior Center work together to provide programs, activities, and services to Libertyville area Senior Citizens. For information on any of the events or programs in this Update, unless otherwise noted, please contact:

Libertyville Senior Center
847-247-7659
libciviccenter.org/senior-center



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Senior Update

The Senior Council of Libertyville prints this publication. This publication is FREE and copies can be obtained at the Civic Center in the lobby brochure rack near the elevator, at the Senior Center office, or online at:

libciviccenter.org/senior-center

Additional information regarding the contents can be obtained by visiting the Senior Center office or calling
847-247-7659

Please email civiccenterlib@gmail.com to be added to our email distribution list.

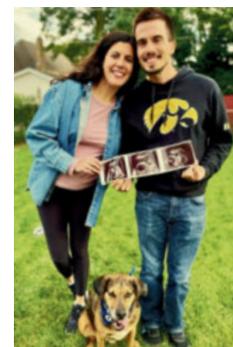
We look forward to hearing from you!

CARLA’S CORNER

Dear Senior Center Members,

It’s hard to think about the upcoming holiday season when the weather feels like summer just ended, but here we are! We have many events coming up in November such as the Million Dollar Quartet Bus Trip, Veterans Day event, and a combined Birthday Bash & Thanksgiving party. We hope to see you there! There is so much to be thankful for, including an announcement in this month’s picture- we will be expanding our family in January!

Carla



We hope to see you soon at the Senior Center, “The Gathering Place.”

WELCOME TO THE SENIOR CENTER

Coffee and tea are available daily for those spending time at the Senior Center. Please feel free to drop in for a cup and some friendly conversation.

Water fountains and touchless water dispensers are also available in the building.



TOGETHER WE THRIVE

To fulfill our mission at the Libertyville Senior Center (LSC): offering a gathering space, essential services, and engaging activities and programs for individuals 55 and older, the following etiquette from all members is expected:

- ✓ Treat all members, guests, and staff with respect, courtesy, and kindness.
- ✓ Avoid using abusive, threatening, or offensive language.
- ✓ Refrain from making discriminatory comments or gestures for all individuals, regardless of race, gender, religion, or other protected characteristics.
- ✓ Use equipment and facilities responsibly.
- ✓ Keep the Center clean and litter-free.
- ✓ Report any damage to the facility immediately to the Center staff.
- ✓ Avoid loud or disruptive behavior that disturbs other participants.
- ✓ Do not engage in physical altercations or harassment.
- ✓ Follow all safety guidelines and procedures.
- ✓ Report any medical emergencies to staff immediately.
- ✓ Only use spaces and resources designated for your activity.

LSC reserves the right to discontinue the participation of any individual in any program, event, or facility if it is considered by the LSC staff, or board of directors, that continued participation of the individual is not in the best interest of themselves or others.



CALENDAR OF EVENTS



NOVEMBER 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9:00 Exercise 3</p> <p>10:00 Homeless Mat Making</p> <p>10:00 Poker 101</p> <p>Noon Pinochle</p> <p>1:00 Canasta</p> <p>1:00 Level 1 Line Dancing</p> <p>2:30 Learn to Dance</p>	<p>9:00 Exercise 4</p> <p>9:00 Pickleball</p> <p>Noon Bridge</p> <p>1:00 Bingocize</p> <p>2:00 Tech Tuesday</p> <p>2:30 Ping Pong</p>	<p>9:00 Exercise 5</p> <p>10:00 Dominoes</p> <p>10:00 Poker</p> <p>11:30 Million Dollar Quartet Bus Trip</p> <p>1:00 Level 2 Line Dancing</p> <p>1:00 Games Galore</p> <p>2:45 Chair Yoga</p>	<p>9:00 Exercise 6</p> <p>10:00 Art Club</p> <p>1:00 Games Galore</p> <p>1:00 Bingocize</p> <p>1:30 Foot Clinic</p>	<p>9:00 Exercise 7</p> <p>10:00 Ping Pong</p> <p>11:45 Food 4 Thought</p> <p>3:00 Learn to Draw w/John</p>
<p>9:00 Exercise 10</p> <p>10:00 Homeless Mat Making</p> <p>10:00 Poker 101</p> <p>Noon Pinochle</p> <p>Noon Veterans Day Event</p> <p>1:00 Canasta</p> <p>2:30 Learn to Dance</p>	<p>9:00 Exercise 11</p> <p>9:00 Pickleball</p> <p>Noon Bridge</p> <p>1:00 Bingocize</p> <p>2:00 Tech Tuesday</p> <p>2:30 Ping Pong</p>	<p>9:00 Exercise 12</p> <p>10:00 Dominoes</p> <p>1:00 Level 2 Line Dancing</p> <p>1:00 Community Cuts & Care</p> <p>1:00 Games Galore</p> <p>2:45 Chair Yoga</p>	<p>9:00 Exercise 13</p> <p>10:00 Art Club</p> <p>1:00 Games Galore</p> <p>1:00 Bingocize</p>	<p>9:00 Exercise 14</p> <p>10:00 Ping Pong</p> <p>11:30 Slice N Dice</p> <p>3:00 Learn to Draw w/ John</p>
<p>9:00 Exercise 17</p> <p>10:00 Homeless Mat Making</p> <p>10:00 Poker 101</p> <p>Noon Pinochle</p> <p>1:00 Canasta</p> <p>1:00 Level 1 Line Dancing</p> <p>2:30 Learn to Dance</p>	<p>9:00 Exercise 18</p> <p>9:00 Pickleball</p> <p>10:30 Melody Makers</p> <p>Noon Bridge</p> <p>1:00 Bingocize</p> <p>2:00 Tech Tuesday</p> <p>2:30 Ping Pong</p>	<p>9:00 Exercise 19</p> <p>10:00 Dominoes</p> <p>10:00 Poker</p> <p>1:00 Level 2 Line Dancing</p> <p>1:00 Games Galore</p> <p>2:00 Financial Advice</p> <p>2:45 Chair Yoga</p>	<p>9:00 Exercise 20</p> <p>10:00 Art Club</p> <p>10:30 Brightstar Lunch N Learn</p> <p>1:00 Games Galore</p> <p>1:00 Bingocize</p> <p>2:00 Legal Advice</p>	<p>9:00 Exercise 21</p> <p>10:00 Ping Pong</p> <p>11:30 Pass the Trash</p> <p>1:00 Book Club</p> <p>3:00 Learn to Draw w/ John</p>
<p>9:00 Exercise 24</p> <p>10:00 Homeless Mat Making</p> <p>10:00 Poker 101</p> <p>Noon Pinochle</p> <p>Noon Thanksgiving Luncheon/ Birthday Bash & Gift Basket Sale (11-1)</p> <p>1:00 Canasta</p> <p>2:30 Learn to Dance</p>	<p>9:00 Exercise 25</p> <p>9:00 Pickleball</p> <p>Noon Bridge</p> <p>1:00 Bingocize</p> <p>2:00 Tech Tuesday</p> <p>2:30 Ping Pong</p>	<p>9:00 Exercise 26</p> <p>10:00 Dominoes</p> <p>1:00 Level 2 Line Dancing</p> <p>1:00 Games Galore</p> <p>2:45 Chair Yoga</p>	<p>27</p> <p>The Civic Center & Senior Center will be closed for Thanksgiving</p> <p></p>	<p>28</p> <p>The Civic Center & Senior Center will be closed for the day after Thanksgiving</p> <p></p>
		<p>THANKFUL</p>		

REGISTRATION & DONATION INFORMATION



REGISTER NOW

To register for events online, visit:
<https://schedulesplus.com/libertyville>.

During your first visit, please create an account using your name, address, email address, and phone number. After that, log in using the last 7 digits of your phone number to view the event calendar and register. Credit card payments are accepted, but they incur additional fees for the Senior Center. Cash or check payments are preferred.

When attending events, please check in using your 7-digit phone number at the computer station to help us track participation. You can also check in from our website by clicking the link "Online Check In" at: <https://www.libciviccenter.org/senior-center>.

Donations and sponsorships play a vital role in supporting the success of the Libertyville Senior Center. All financial contributions, big or small, are greatly appreciated and directly benefit our programs and services. You can make a tax-deductible donation online: libciviccenter.org/senior-center or in person at the Libertyville Civic Center, a registered charity. For businesses and organizations interested in sponsoring events at the Senior Center, please contact Carla directly to explore a range of exciting partnership opportunities.

THANK YOU!



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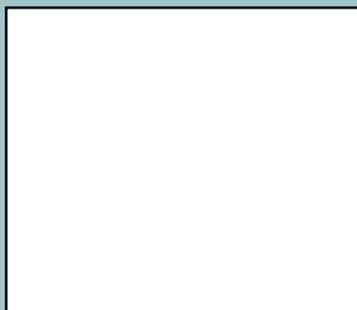
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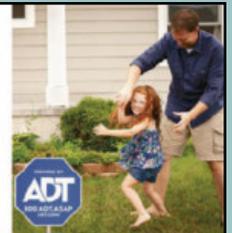
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THRIVE
LOCALLY



WEEKLY ACTIVITIES AT THE SENIOR CENTER

REGISTRATION IS NOT REQUIRED UNLESS SPECIFIED

EVERYDAY: 9 AM Exercise
Group exercise along with the Silver Foxes DVD featuring Richard Simmons.

MARVELOUS MONDAYS

10 AM Homeless Mat Making

Cut, ball, or crochet mats from ordinary plastic bags to benefit the homeless. No experience necessary!

10 AM Poker 101

Poker for beginners. Learn various poker games and the art of betting. Bring your pennies.

Noon Pinochle

New and experienced players are welcome. Optional tournament play or just come to play for fun! If you are brand new to the game, please call Carla at 847-247-7659.

1 PM Canasta

Beginners through experts are welcome!

1 PM Level 1 Line Dancing

Improve on the basic line dancing steps that you have learned in the entry-level Learn to Dance class. Dancers must have completed the Learn to Dance class before attending Level 1 Line Dancing. This class is for those still learning and who have been recommended by the dance instructors to attend.

2:30 PM Learn to Dance

This class teaches those who have never danced the basics of line dancing and simple steps to popular dances. This class is for those just learning to dance.

Terrific Tuesdays

9-11 AM Pickleball

Join in and learn and/or play with others. Equipment provided, beginners welcome. **Meet at Canlan Sports Complex, 1950 US-45, Libertyville.** Canlan fees apply.

Noon Bridge

If you are brand new to the game, please call Carla at 847-247-7659. Experienced players call Naveen at 847-362-3569 one day in advance to register.

1 PM Bingocize

Brought to you by White Crane Wellness, Bingocize is an evidence-based health promotion program that combines the fun of bingo with exercise to help keep you moving while having fun! We ask that you plan to attend all 20 classes in the session. Free, Advanced registration is required. Space is limited.

2 PM Tech Tuesday

Do you need help with your phone, tablet, or computer? Call the Senior Center to schedule a 30-minute appointment. Advanced registration required.

2:30 PM Ping Pong

All are welcome! We have two tables set up for your Ping Pong adventures.

WILD WEDNESDAYS

10 AM Dominoes

Come play Mexican Train dominoes and enjoy some fun and conversation with others.

1 PM Games Galore

Card games, dice games, board games, Mahjong, you name it! We have some games here, but you are welcome to bring your favorites with you!

1 PM Level 2 Line Dancing

For those who have mastered the basic steps and dances and are ready to learn and dance at a faster pace using more challenging turns and steps.

2:45 PM Chair Yoga

45 minutes alternating between sitting and standing alongside/holding a chair for stability. \$20 per month. Registration required.

THOUGHTFUL THURSDAYS

10 AM Art Club

Get your creative juices flowing! Join us in this multi-media art club. We focus on fun, camaraderie, and creativity.

1 PM Games Galore

Card games, dice games, board games, Mahjong, you name it! We have some games here, but you are welcome to bring your favorites with you!

1 PM Bingocize

Brought to you by White Crane Wellness, Bingocize is an evidence-based health promotion program that combines the fun of bingo with exercise to help keep you moving while having fun! We ask that you plan to attend all 20 classes in the session. Free, Advanced registration is required. Space is limited.

Fantastic Fridays

10 AM Ping Pong

Come take a swing and play with others in this classic fun game!

3 PM Learn to Draw with John

A learn to draw art class taught by the one and only John Kirkpatrick Jr. This one-hour fun class is a great way to hang out and enjoy some casual, social, fun drawing time with friends. Drawing supplies are provided. \$20 per month.

TRIPS & SPECIAL EVENTS

Veterans Day Luncheon & Concert

MONDAY, NOVEMBER 10TH AT NOON

Join us for an afternoon honoring those that have served our country.

Lunch will be BBQ chicken sandwiches with baked beans and pasta salad, plus salad and dessert.

After lunch, Canto Zenzero presents: Sea to Shining Sea. This singer and pianist trio will take you on a journey through the beloved patriotic tunes of the United States, with favorite pieces from Aaron Copland to Irving Berlin.

Cost: Veterans eat Free, all others \$10

Event Sponsored by:



PLEASE RSVP BY 11/7 AT NOON

If you would like to attend the music portion only, please register in advance with the Cook Memorial Library at: cooklib.org/events and join us at 1pm.

Thanksgiving Luncheon & November Birthday Bash



Monday, November 24th at Noon



Cost: \$16, please register by 11/21 at noon

Lunch will be a traditional meal of turkey, stuffing with gravy, mashed potatoes, carrots, and cranberry relish. Served with salad and dessert.

After lunch, celebrate the warmth of the season with a program that's about more than just pumpkins & turkey. Jane Allyson's "Friendsgiving Show" brings together songs of gratitude, laughter and joy, reminding us not only of Thanksgiving and the cherished family traditions that make it special, but also of the friendships that brighten our lives every day.

Event Sponsored by:



Gift Basket Sale- November 24th 11 am - 1 pm

Do some holiday shopping and help others! Faith Community United Church of Christ will be here selling holiday gift baskets, hostess gifts, and gifts for children. All proceeds fund Birthday Bags for the Senior Volunteer Care Network.

CHRISTKINDLMARKET AURORA BUS TRIP

THURSDAY, DECEMBER 4TH

The Christkindlmarket is the most authentic traditional holiday market of its kind outside of Europe, offering a unique shopping experience, family-friendly events & intercultural activities.

COST: \$15

BUS WILL LEAVE THE SENIOR CENTER AT 10:30AM AND RETURN AT APPROX. 3:30PM. WHEN WE ARRIVE, YOU WILL BE FREE TO EXPLORE THE MARKET WITH OVER 60 VENDORS AND ENJOY LUNCH ON YOUR OWN.

STOP BY THE SENIOR CENTER TO SIGN UP!



Milwaukee Public Museum Bus Trip

Thursday, January 15th

Take a step back in time to the turn-of-the-century Streets of Old Milwaukee, European Village, and ancient Mediterranean civilizations. Or, take a giant leap back more than 65 million years to The Third Planet and see one of the largest dinosaur skulls ever found. Stroll amid free-flying butterflies from around the world in the Puelicher Butterfly Wing.

Stop by the Senior Center to register!

Cost: \$45, trip is non-refundable.

Includes transportation, Museum admission, and IMAX Theater show. Please bring money for lunch on your own.

Bus will leave the Senior Center at 10:00 am and return at approximately 4:30 pm

PROGRAMS



Friday, November 7th

11:45 AM

Meet us out for lunch and enjoy some fun, thought provoking questions and great conversations with friends.

Meet up at McAlister's in Vernon Hills where everyone will order and pay for their own meal.

LET'S LUNCH & LEARN TOGETHER

**Thursday, November 20th
10:30 AM**

BrightStar Care was founded over 20 years ago on the belief that the best care always goes the extra mile. From personal care, therapy, medical staffing and more, they're always there for those who need them, showing that next level care is the most important part of who they are.

Join us for a presentation by Greg Fitzgerald of BrightStar, who will discuss your options for home health care. Greg will be joined by Steve of Next Day Access, who will cover how to make your current home more accessible to reduce the risk of injuries and falls.



Cost: \$5, Dos Amigos tacos lunch will be provided.



Please register by 11/17 at noon.



Slice N Dice

FRIDAY, NOVEMBER 14TH

11:30 AM



\$6 INCLUDES PIZZA, DESSERT, AND SODA.



REGISTER BY NOON ON THURSDAY, NOVEMBER 13TH TO ATTEND.

THE GROUP WILL SELECT AN EASY DICE GAME THAT WORKS FOR BEGINNERS AND EXPERIENCED PLAYERS. COME GIVE IT A ROLL!



Tuesday, November 18th

10:30 am

Cost: \$5

Join us for a morning of musical games, singing, reminiscing, playing percussion instruments such as maracas or rhythm sticks, gentle movement, and some relaxation. Our theme will be songs about Thanksgiving and the holidays. Instruments will be provided, or you can bring your own to play. Donuts and coffee will be served.



PROGRAMS

BOOK CLUB

Join us for a monthly program where we discuss a book chosen by the group. Led by Kari from White Crane Wellness, the group will vote on which book to read for future meetings.

November Meeting: November 21st at 1:00 pm
Book being discussed: Where'd You Go, Bernadette by Maria Semple

December Meeting: December 12th at 1:00 pm
Book being discussed: Twelve Slays of Christmas by Jacqueline Frost

January Meeting: January 23rd at 1:00pm

White Crane Wellness Center

FREE!



PASS THE TRASH

Friday, November 21st
11:30 AM

Bring a luncheon/appetizer dish to pass!

This simple game uses only one card and there is no strategy, just fun!

Walk-ins welcome!




TUESDAY MORNING PICKLEBALL

MOVING INDOORS!

9:00 AM-11:00 AM

Canlan Sports Complex
1950 US 45, Libertyville
*Canlan fees apply.

THE HOTTEST NEW CRAZE IN SPORTS FOR SENIORS IS PICKLEBALL. JOIN IN, AND LEARN AND/OR PLAY WITH OTHERS. EQUIPMENT PROVIDED, BEGINNERS WELCOME!

LIBERTYVILLE SENIOR CENTER

Art Club

EVERY THURSDAY
10AM

This group experiments with different mediums of art each week. Paint, watercolor, collages, field trips, and more!
Free & Walk-ins welcome!

See you there!

LEARN TO DRAW WITH JOHN KIRKPATRICK JR.

FRIDAYS AT 3 PM

This is a fun, one-hour learn to draw class. Drawing supplies are provided.

Cost: \$20 per month



PROGRAMS

FINANCIAL ADVICE

WEDNESDAY, NOVEMBER 19TH
2-3 PM

Larry Pershing, CFP, RMA, is a financial planner. Schedule a 1:1 session if you have questions about Social Security, taxation in retirement, preparing for retirement, retirement accounts, long-term care insurance, annuities, or perhaps you want a second opinion on a decision you are considering.

BOOK YOUR APPOINTMENT



Register online or call the Senior Center at 847-247-7659 to sign up for a 30-minute complimentary session.

LEGAL ADVICE

THURSDAY, NOVEMBER 20TH
2-3 PM

Attorney Michael Furlong will be at the Senior Center for free legal help.



Register online or call the Senior Center at 847-247-7659 to sign up for a complimentary 15-minute appointment.

HOUSEHOLD ESSENTIALS DRIVE

WE WILL BE COLLECTING THE FOLLOWING ITEMS FOR THE LIBERTYVILLE TOWNSHIP FOOD PANTRY



DROP ITEMS OFF AT THE SENIOR CENTER FROM 11/1 - 12/19



VOLUNTEERS NEEDED

WE ARE LOOKING FOR KITCHEN HELP FOR OUR PARTIES AT THE SENIOR CENTER TWICE PER MONTH.

KITCHEN HELPERS WILL:

- PORTION FOOD
- SERVE FOOD AT TABLES AND ON THE BUFFET LINE
- CLEAR TABLES
- CLEAN AND PUT AWAY DISHES

HOURS ARE APPROXIMATELY 11:15AM - 2:15PM AND INCLUDES A COMPLIMENTARY LUNCH

FOR MORE INFORMATION OR TO VOLUNTEER PLEASE CONTACT CARLA AT 847-247-7659.



HEALTH SERVICES



Thursday, November 6th

Appointments are for free nail trimming, corn or bunion repair, and counseling on general foot issues.

Call or stop in to the Senior Center for more information or to make a 30-minute appointment.

Services are provided by:



a part of ROSALIND FRANKLIN UNIVERSITY HEALTH CLINICS

Libertyville Senior Center Lending Closet

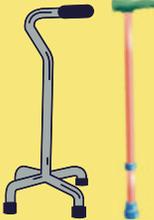
**Monday - Friday
9:00 AM - 4:00 PM**

The "Lending Closet" is a collection of new and used medical equipment available for short-term loan to Village or Township residents in need of equipment such as wheelchairs, bath transfer benches, shower chairs, portable toilet seats, walkers, canes and other items.

The "Lending Closet" has a limited inventory and a revolving inventory, based upon the demands, frequency of usage, and available items in stock.

**Please call ahead of time for more information and to verify the items you need are available.
847-918-8880**










COMMUNITY CUTS & CARE

TRICOCI UNIVERSITY OF BEAUTY CULTURE



Wednesday, November 12th



Appointments can be made for a complimentary hair cut or basic manicure. Services provided by Tricoci University students of Libertyville. Call or stop in the Senior Center to make an appointment.



Bingocize

Tuesdays and Thursdays, 1:00 - 2:00pm

Dates: October 7 - December 16th, no class on 11/27

Brought to you by White Crane Wellness, Bingocize is an evidence-based health promotion program that combines the fun of bingo with exercise to help keep you moving while having fun!

This 10 week program is intended to be a progressive work out so that you build strength, stamina, and muscle. We ask that you plan to attend all 20 classes in the session.

CLASS IS CURRENTLY FULL . Contact Carla with questions.






WEDNESDAYS AT 2:45 PM

45 minutes alternating between sitting and standing alongside/holding a chair for stability. Taught by Sharon of Essential Journey Yoga.

\$20/month, please select program under the "Packages" tab or stop in the Senior Center to register.







SOCIAL SERVICES



Ride Lake County offers seniors and disabled residents a unique way to get around Lake County. Whether you need a ride for work, medical and dialysis appointments, or shopping, Ride Lake County offers an easy to use travel experience that is both affordable and flexible.

Call the Pace Call Center to register and schedule: Monday- Sunday,
5:30AM- 6:00PM
1-800-201-6446

The bus service will run from 6AM-6PM seven days a week, excluding holidays. One-way fare costs will vary between \$2.00 and \$6.00 depending on how far you travel.

Ride Lake County is sponsored by Lake County and Pace Suburban Bus
lakecountyil.gov/563/Ride-Lake-County



Need Help? Call 211.

IF YOU'RE LOOKING FOR HELP IN LAKE COUNTY, IL
A CARING, EXPERT NAVIGATOR WILL GUIDE YOU TO THE HELP YOU NEED:

Housing | Utilities | Food | Crisis Help | Mental Health & Addiction | Health Care
Financial Support | Personal, Child & Family Support | Education | Transportation
Employment | Legal & Immigration | Government | Volunteering | Disaster Information

WHY 211?

- **IT'S FREE** - Just call to reach a real person who will guide you to real answers.
- **IT'S FAST** - You'll be quickly connected with available resources you need.
- **IT'S COMPREHENSIVE** - 211 is the most comprehensive source of information about resources and services in Lake County. It's Lake County's one-stop shop for help.
- **IT'S CONFIDENTIAL** - You never have to provide your name...just your zip code.



UPCOMING DECEMBER EVENTS



*Christkindlmarket Bus Trip- December 4th



*December Birthday Bash - December 8th



*Mobile DMV- December 12th



*Holiday Party- December 19th



*Family Holiday Event- December 22nd

IMPORTANT NOTICES

Activities Registration Notice

Please be aware that activities or events that include food and/or payment of any kind require a minimum of 2 days' advanced registration. Some activities do have participation limits, so it is best to sign up as soon as possible.

Bus Trip Notice

Please be aware that since tickets are purchased far in advance for many of our trips, NO REFUNDS will be given. People can find a replacement or hope for a waiting list. If there is a waiting list 48 hours before the trip, we can help find a replacement. *Please park on the 3rd level of the Church Street Parking Garage for all trips.

Parking Notice

Please be aware of the parking signs on the street in front of the Civic Center. The Police will ticket. Please use the parking garage when possible.