



LIBERTYVILLE SENIOR UPDATE



March 2026

LIBERTYVILLE SENIOR CENTER AT THE LIBERTYVILLE CIVIC CENTER

Carla Slotarski, Senior Center Manager

135 W. Church Street
847-247-7659
libertyvilleseniorcenter@gmail.com

Online Calendar and Registration:

<https://schedulesplus.com/libertyville>

LIBERTYVILLE SENIOR COUNCIL

First Presbyterian Church of Libertyville

Rich Monahan.....847-227-7722

Knights of Columbus #3674

James Patula.....847-828-5456

St. Joseph Catholic Church

Bob Bachochin.....224-688-2219
Cecelia DesLauriers.....847-408-0688

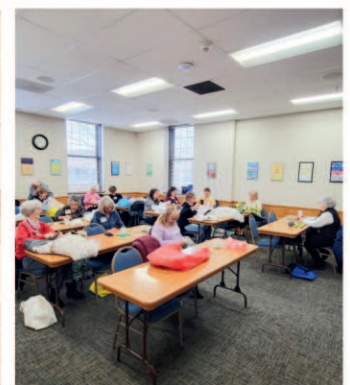
United Methodist Church

Robin O'Connor.....847-951-9519
Tom Plohr.....847-278-7188

Bob Killackey.....847-217-9818
Deb Oberst.....862-346-0704
Jeanne Steffens.....847-767-0128

The Senior Council and Senior Center work together to provide programs, activities, and services to Libertyville area Senior Citizens. For information on any of the events or programs in this Update, unless otherwise noted, please contact:

Libertyville Senior Center
847-247-7659
libciviccenter.org/senior-center



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Senior Update

The Senior Council of Libertyville prints this publication. This publication is FREE and copies can be obtained at the Civic Center in the lobby brochure rack near the elevator, at the Senior Center office, or online at:

libciviccenter.org/senior-center

Additional information regarding the contents can be obtained by visiting the Senior Center office or calling
847-247-7659

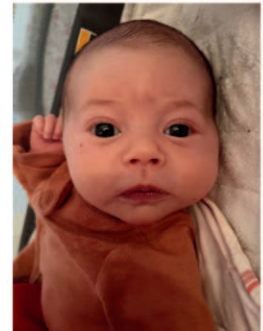
Please email
civiccenterlib@gmail.com
to be added to our email
distribution list.

We look forward to hearing from you!

CARLA'S CORNER

Dear Senior Center Members,

By the time you read this, Baby Ava will have turned one month old. Carla and Ava are doing great, enjoying their time together. Even with the challenging winter conditions and Carla's maternity leave absence, the Senior Center continues to carry on strong. Favorite March events, such as the Birthday Bash and St. Patrick's Day Party, have been scheduled, along with two informative & helpful presentations, and a trip to the Driehaus Museum in Chicago. This month's picture is of Ava Grace Slotarski when she was just two weeks old.



We hope to see you soon at the Senior Center, "The Gathering Place."

Anne & Amaya

WELCOME TO THE SENIOR CENTER

Coffee and tea are available daily for those spending time at the Senior Center. Please feel free to drop in for a cup and some friendly conversation.

Water fountains and touchless water dispensers are also available in the building.



TOGETHER WE THRIVE

To fulfill our mission at the Libertyville Senior Center (LSC): offering a gathering space, essential services, and engaging activities and programs for individuals 55 and older, the following etiquette from all members is expected:

- ✓ Treat all members, guests, and staff with respect, courtesy, and kindness.
- ✓ Avoid using abusive, threatening, or offensive language.
- ✓ Refrain from making discriminatory comments or gestures for all individuals, regardless of race, gender, religion, or other protected characteristics.
- ✓ Use equipment and facilities responsibly.
- ✓ Keep the Center clean and litter-free.
- ✓ Report any damage to the facility immediately to the Center staff.
- ✓ Avoid loud or disruptive behavior that disturbs other participants.
- ✓ Do not engage in physical altercations or harassment.
- ✓ Follow all safety guidelines and procedures.
- ✓ Report any medical emergencies to staff immediately.
- ✓ Only use spaces and resources designated for your activity.

LSC reserves the right to discontinue the participation of any individual in any program, event, or facility if it is considered by the LSC staff, or board of directors, that continued participation of the individual is not in the best interest of themselves or others.



CALENDAR OF EVENTS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:10 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	9:10 Exercise 9:00 Pickleball Noon Bridge 2:30 Ping Pong	9:10 Exercise 10:00 Dominoes 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	9:10 Exercise 10:00 Art Club 1:00 Games Galore 1:30 Foot Clinic	9:10 Exercise 10:00 Ping Pong 10:00 Fluid Movement 11:45 Food 4 Thought 3:00 Learn to Draw w/ John
9:10 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle Noon Birthday Bash 1:00 Canasta 2:30 Learn to Dance	9:10 Exercise 9:00 Pickleball Noon Bridge 2:00 Tech Tuesday 2:30 Ping Pong	9:10 Exercise 10:00 Dominoes 10:00 Poker 1:00 Level 2 Line Dancing 1:00 Community Cuts & Care 1:00 Games Galore 2:45 Chair Yoga	9:10 Exercise 10:00 Art Club 1:00 Games Galore 2:00 Legal Advice	9:10 Exercise 10:00 Ping Pong 1:30 Knowledge & Nibbles: New Perspectives & Comfort Keepers 3:00 Learn to Draw w/ John
9:10 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	9:10 Exercise 9:00 Pickleball Noon Bridge Noon St. Patrick's Day Party 2:30 Ping Pong	9:10 Exercise 10:00 Dominoes 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	9:10 Exercise 10:00 Art Club 10:30 Driehaus Museum Bus Trip 1:00 Games Galore	9:10 Exercise 10:00 Ping Pong 11:30 Slice N Dice 3:00 Learn to Draw w/ John
9:10 Exercise 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	9:10 Exercise 9:00 Pickleball Noon Bridge 1:00 Bingocize 2:30 Ping Pong	9:10 Exercise 10:00 Dominoes 1:00 Level 2 Line Dancing 1:00 Games Galore 2:00 Financial Advice 2:45 Chair Yoga	9:10 Exercise 10:00 Art Club 11:00 Eldercare Presentation 1:00 Games Galore 1:00 Bingocize	9:10 Exercise 10:00 Ping Pong 11:30 Pass the Trash 1:00 Book Club 3:00 Learn to Draw w/ John

REGISTRATION & DONATION INFORMATION



REGISTER NOW

To register for events online, visit:
<https://schedulesplus.com/libertyville>.

During your first visit, please create an account using your name, address, email address, and phone number. After that, log in using the last 7 digits of your phone number to view the event calendar and register. Credit card payments are accepted, but they incur additional fees for the Senior Center. Cash or check payments are preferred.

When attending events, please check in using your 7-digit phone number at the computer station to help us track participation. You can also check in from our website by clicking the link "Online Check In" at: <https://www.libciviccenter.org/senior-center>.

Donations and sponsorships play a vital role in supporting the success of the Libertyville Senior Center. All financial contributions, big or small, are greatly appreciated and directly benefit our programs and services. You can make a tax-deductible donation online: libciviccenter.org/senior-center or in person at the Libertyville Civic Center, a registered charity. For businesses and organizations interested in sponsoring events at the Senior Center, please contact Carla directly to explore a range of exciting partnership opportunities.

THANK YOU!



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 <h3>Woody's Tree Service</h3> <p>Professional Tree Trimming Removals • Stump Grinding • Firewood</p> <p>FULLY INSURED</p> <p>ASK FOR MARK 847-362-5545</p> <p>PO Box 91 Libertyville, IL 60048 woodys@woodystreeservice.com woodystreeserviceonline.com</p>	 <h3>NextDoor Tech</h3> <p>Patient Personalized Tech Support</p> <p>(224) 545-1520</p> <p>nextdoor-tech.com</p> <p>CONTACT US TODAY</p>



Dr. Malik Zayed & Associates

FOOTCARE AT HOME

Stop walking in pain, get the care and relief you deserve. Call Dr Zayed's office today to receive foot care in the comfort of your own home

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- * Diabetic Foot Care
- * Heel Pain
- * Foot & Ankle Problems
- * Nail Problems

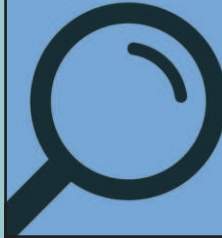
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WEEKLY ACTIVITIES AT THE SENIOR CENTER
 REGISTRATION IS NOT REQUIRED UNLESS SPECIFIED

EVERYDAY: 9:10 AM Exercise
 Group exercise along with the Silver Foxes DVD featuring Richard Simmons.

MARVELOUS MONDAYS

10 AM Homeless Mat Making

Cut, ball, or crochet mats from ordinary plastic bags to benefit the homeless. No experience necessary!

10 AM Poker 101

Poker for beginners. Learn various poker games and the art of betting. Bring your pennies.

Noon Pinochle

New and experienced players are welcome. Optional tournament play or just come to play for fun! If you are brand new to the game, please call Carla at 847-247-7659.

1 PM Canasta

Beginners through experts are welcome!

1 PM Level 1 Line Dancing

Improve on the basic line dancing steps that you have learned in the entry-level Learn to Dance class. Dancers must have completed the Learn to Dance class before attending Level 1 Line Dancing. This class is for those still learning and who have been recommended by the dance instructors to attend.

2:30 PM Learn to Dance

This class teaches those who have never danced the basics of line dancing and simple steps to popular dances. This class is for those just learning to dance.

Terrific Tuesdays

9-11 AM Pickleball

Join in and learn and/or play with others. Equipment provided, beginners welcome. **Meet at Canlan Sports Complex, 1950 US-45, Libertyville.** Canlan fees apply.

Noon Bridge

If you are brand new to the game, please call Carla at 847-247-7659. Experienced players call Naveen at 847-362-3569 one day in advance to register.

1 PM Bingocize

Brought to you by White Crane Wellness, Bingocize is an evidence-based health promotion program that combines the fun of bingo with exercise to help keep you moving while having fun! We ask that you plan to attend all 20 classes in the session. Free, Advanced registration is required. Space is limited.

2 PM Tech Tuesday

Do you need help with your phone, tablet, or computer? Call the Senior Center to schedule a 30-minute appointment. Advanced registration required.

2:30 PM Ping Pong

All are welcome! We have two tables set up for your Ping Pong adventures.

WILD WEDNESDAYS

10 AM Dominoes

Come play Mexican Train dominoes and enjoy some fun and conversation with others.

1 PM Games Galore

Card games, dice games, board games, Mahjong, you name it! We have some games here, but you are welcome to bring your favorites with you!

1 PM Level 2 Line Dancing

For those who have mastered the basic steps and dances and are ready to learn and dance at a faster pace using more challenging turns and steps.

2:45 PM Chair Yoga

45 minutes alternating between sitting and standing alongside/holding a chair for stability. \$20 per month. Registration required.

THOUGHTFUL THURSDAYS

10 AM Art Club

Get your creative juices flowing! Join us in this multi-media art club. We focus on fun, camaraderie, and creativity.

1 PM Games Galore

Card games, dice games, board games, Mahjong, you name it! We have some games here, but you are welcome to bring your favorites with you!

1 PM Bingocize

Brought to you by White Crane Wellness, Bingocize is an evidence-based health promotion program that combines the fun of bingo with exercise to help keep you moving while having fun! We ask that you plan to attend all 20 classes in the session. Free, Advanced registration is required. Space is limited.

Fantastic Fridays

10 AM Ping Pong

Come take a swing and play with others in this classic fun game!

3 PM Learn to Draw with John

A learn to draw art class taught by the one and only John Kirkpatrick Jr. This one-hour fun class is a great way to hang out and enjoy some casual, social, fun drawing time with friends. Drawing supplies are provided. \$20 per month.

TRIPS & SPECIAL EVENTS

BIRTHDAY BASH

MONDAY, MARCH 9TH
AT NOON

Lunch will be a roasted top round of beef with mushroom burgundy sauce, mashed potatoes, broccoli, and salad from Catered Productions, plus birthday cake for dessert.

Peter Oprisko takes audiences back in time, channeling the style and sound of Nat King Cole and the Rat Pack. With full orchestral tracks, it feels like hearing the original recordings—join us for a fun, high-energy, interactive afternoon.

\$16, register by noon
on Friday,
March 6th to attend

Event sponsored by:
CIEL
SENIOR LIVING

If you would like to attend the music portion only, please register in advance with the Cook Memorial Library at: cooklib.org/events and join us at 1pm.

St Patrick's Day Party

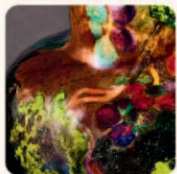
MONDAY, MARCH 17TH
NOON

JOIN US FOR A LUNCH OF:
CORNED BEEF & BOILED CABBAGE WITH HOUSE-MADE HORSERADISH & MUSTARD, BABY RED POTATOES WITH BUTTER SAUCE, BOILED CARROTS, CELERY & ONIONS WITH BUTTER, SALAD, & BREAD FROM BAUER'S CATERING PLUS DESSERT!

AFTER LUNCH, ENJOY LIVELY IRISH JIGS PERFORMED BY SAM HYSON ON ACCORDION AND VIOLIN. A CLASSICALLY TRAINED VIOLINIST, SAM PERFORMS INTERNATIONALLY AND IS A CO-FOUNDER OF THE CHICAGO FOLKLORE ENSEMBLE AND COMPASS ROSE VIOLIN DUO.

SPONSORED BY: **AMADA**
SENIOR CARE

\$16, register by 3/12 at noon



Driehaus Museum Bus Trip



Thursday, March 19th

Join us as we visit The Driehaus Museum, located in downtown Chicago! The museum has two exciting exhibits that we will privately tour: Tiffany Lamps: Beyond the Shade and The Land of Oz: Beyond the Page.

After our visit, we will head to Pizano's Pizza for a delicious pizza lunch! Lunch includes a variety of thin and deep dish pizza, salad, unlimited soft drinks, and coffee.

Cost: \$75, trip is non-refundable

The bus will leave the Senior Center at 8:30am and return at approximately 3:15pm.

Stop by the Senior Center to register today!

Sky Deck Willis Tower Bus Trip

THURSDAY, APRIL 16TH

Explore Skydeck Chicago—a must-see attraction featuring a world-class museum, breathtaking views from the nation's highest observation deck, and The Ledge glass-floor balconies on the 103rd floor of Willis Tower. Then enjoy lunch on your own at Catalog, a five-story dining, retail, and immersive-entertainment experience, located at the base of Willis Tower.

Cost: \$40; includes transportation via Metra train and ticket to Willis Tower Skydeck experience. Please plan for lunch on your own.

Park at the top of the LAKE ST parking garage and meet at the Metra Station at 8:45 AM for a 9:12 departure. We will return at approximately 3:30 PM. Tickets are non-refundable. Stop by to register today!

TRIPS & PROGRAMS



Friday, March 6th

11:45 AM

Meet us out for lunch and enjoy some fun, thought provoking questions and great conversations with friends.

Meet up at Culver's in Libertyville where everyone will order and pay for their own meal.



KNOWLEDGE & NIBBLES

Friday, March 13th at 1:30pm



The Crime of the Century

presented in partnership with Peck Ritchey, LLC, Comfort Keepers, and New Perspectives Long Grove.

Learn how seniors are targeted by scams and what legal tools- such as powers of attorney and guardianship- can help protect vulnerable adults.

Led by Brandon Peck, Partner with Peck Ritchey, LLC.



Free, light refreshments will be provided. Please register by 3/11 at noon to attend.



Slice N Dice

FRIDAY, MARCH 20TH

11:30 AM



\$6 INCLUDES PIZZA, DESSERT, AND SODA.



REGISTER BY NOON ON THURSDAY, MARCH 19TH TO ATTEND.

THE GROUP WILL SELECT AN EASY DICE GAME THAT WORKS FOR BEGINNERS AND EXPERIENCED PLAYERS. COME GIVE IT A ROLL!



COMMUNITY RESOURCE PRESENTATION

FREE!

Thursday, March 26th

11:00 AM

ElderCare Lake County Information Session

For nearly 30 years, ElderCARE Lake County has helped more than 4,000 older adults (60+) maintain their independence through free, volunteer-driven services. As a 501(c)(3) nonprofit, ElderCARE provides medical transportation, grocery shopping, technology assistance, friendly visits, and reassurance calls across Lake County. Join us to learn how ElderCARE supports seniors—and how you can receive help or get involved.

Please register by 3/25 at noon.

PROGRAMS

PASS THE TRASH

Friday, March 27th

11:30 AM

Bring a luncheon/appetizer dish to pass!

This simple game uses only one card and there is no strategy, just fun!

Walk-ins welcome!



BOOK CLUB

Join us for a monthly program where we discuss a book chosen by the group. Led by Kari from White Crane Wellness, the group will vote on which book to read for future meetings.

March Meeting: March 27th at 1:00 pm
Book being discussed: Before We Were Yours by Lisa Wingate

April Meeting: April 24th at 1:00 pm
Book being discussed: Storied Life of AJ Fikry by Gabrielle Zevin

May Meeting: May 29th at 1:00 pm

White Crane Wellness Center

FREE!



TUESDAY MORNING

PICKLEBALL



9:00 AM-11:00 AM



Canlan Sports Complex
1950 US 45, Libertyville
*Canlan fees apply.

THE HOTTEST NEW CRAZE IN SPORTS FOR SENIORS IS PICKLEBALL. JOIN IN, LEARN, AND/OR PLAY WITH OTHERS. PLEASE CONTACT THE SENIOR CENTER IF YOU NEED EQUIPMENT. BEGINNERS WELCOME!

LIBERTYVILLE SENIOR CENTER
Art Club
EVERY THURSDAY
10AM

This group experiments with different mediums of art each week. Paint, watercolor, collages, field trips, and more!
Free & Walk-ins welcome!
See you there!

LEARN TO DRAW WITH JOHN KIRKPATRICK JR.
FRIDAYS AT 3 PM

This is a fun, one-hour learn to draw class. Drawing supplies are provided.
Cost: \$20 per month

PROGRAMS

LEGAL ADVICE

THURSDAY, MARCH 12TH

2-3 PM

Attorney Michael Furlong will be at the Senior Center for free legal help.



Register online or call the Senior Center at 847-247-7659 to sign up for a complimentary 15-minute appointment.

FINANCIAL ADVICE

WEDNESDAY, MARCH 25TH
2-3 PM

Larry Pershing, CFP, RMA, is a financial planner. Schedule a 1:1 session if you have questions about Social Security, taxation in retirement, preparing for retirement, retirement accounts, long-term care insurance, annuities, or perhaps you want a second opinion on a decision you are considering.

BOOK YOUR APPOINTMENT



Register online or call the Senior Center at 847-247-7659 to sign up for a 30-minute complimentary session.

2026 COUNTRYSIDE SENIOR MEN'S

GOLF LEAGUE

An 18-hole league; play alternates between the Traditional & Prairie courses at Countryside (Mundelein)

MONDAYS | TEE OFFS: 7-10:40 AM



Membership Cost: \$35

Please call Bob Killackey at 847-217-9818 or email RKillackey@yahoo.com



VOLUNTEERS NEEDED

WE ARE LOOKING FOR KITCHEN HELP FOR OUR PARTIES AT THE SENIOR CENTER TWICE PER MONTH.

KITCHEN HELPERS WILL:

- PORTION FOOD
- SERVE FOOD AT TABLES AND ON THE BUFFET LINE
- CLEAR TABLES
- CLEAN AND PUT AWAY DISHES

HOURS ARE APPROXIMATELY 11:15AM-2:15PM AND INCLUDES A COMPLIMENTARY LUNCH

FOR MORE INFORMATION OR TO VOLUNTEER PLEASE CONTACT THE SENIOR CENTER AT 847-247-7659.



HEALTH SERVICES



Thursday, March 5th

Appointments are for free nail trimming, corn or bunion repair, and counseling on general foot issues.

Services are provided by:



Call or stop in to the Senior Center for more information or to make a 30-minute appointment.

Libertyville Senior Center Lending Closet

Monday - Friday
9:00 AM - 4:00 PM

The "Lending Closet" is a collection of new and used medical equipment available for short-term loan to Village or Township residents in need of equipment such as wheelchairs, bath transfer benches, shower chairs, portable toilet seats, walkers, canes and other items.

The "Lending Closet" has a limited inventory and a revolving inventory, based upon the demands, frequency of usage, and available items in stock.

Please call ahead of time for more information and to verify the items you need are available.
847-918-8880

Sponsored by:



COMMUNITY CUTS & CARE



Wednesday, March 11th



Appointments can be made for a complimentary hair cut or basic manicure. Services provided by Tricoci University students of Libertyville. Call or stop in the Senior Center to make an appointment.



Bingocize

Tuesdays and Thursdays, 1:00 - 2:00pm

Dates: March 24th - May 28th

Brought to you by White Crane Wellness, Bingocize is an evidence-based health promotion program that combines the fun of bingo with exercise to help keep you moving while having fun!

This 10 week program is intended to be a progressive work out so that you build strength, stamina, and muscle. We ask that you plan to attend all 20 classes in the session.

FREE. Registration is required. Space is limited. Stop by the Senior Center to register.



WEDNESDAYS AT 2:45 PM

45 minutes alternating between sitting and standing alongside/holding a chair for stability. Taught by Sharon of Essential Journey Yoga.

\$20 per month. Please select the program under the "Packages" tab or stop by the Senior Center to register.



SOCIAL SERVICES



Ride Lake County offers seniors and disabled residents a unique way to get around Lake County. Whether you need a ride for work, medical and dialysis appointments, or shopping, Ride Lake County offers an easy to use travel experience that is both affordable and flexible.

Call the Pace Call Center to register and schedule: Monday- Sunday,
5:30AM- 6:00PM
1-800-201-6446

The bus service will run from 6AM-6PM seven days a week, excluding holidays. One-way fare costs will vary between \$2.00 and \$6.00 depending on how far you travel.

Ride Lake County is sponsored by Lake County and Pace Suburban Bus
lakecountyil.gov/563/Ride-Lake-County



Need Help? Call 211.

IF YOU'RE LOOKING FOR HELP IN LAKE COUNTY, IL
A CARING, EXPERT NAVIGATOR WILL GUIDE YOU TO THE HELP YOU NEED:

Housing | Utilities | Food | Crisis Help | Mental Health & Addiction | Health Care
Financial Support | Personal, Child & Family Support | Education | Transportation
Employment | Legal & Immigration | Government | Volunteering | Disaster Information

WHY 211?

- **IT'S FREE** - Just call to reach a real person who will guide you to real answers.
- **IT'S FAST** - You'll be quickly connected with available resources you need.
- **IT'S COMPREHENSIVE** - 211 is the most comprehensive source of information about resources and services in Lake County. It's Lake County's one-stop shop for help.
- **IT'S CONFIDENTIAL** - You never have to provide your name...just your zip code.



UPCOMING APRIL EVENTS

***Lake County Center for Independent Living Presentation- April 7th**



***April Birthday Bash - April 13th**



***Sky Deck Willis Tower Bus Trip- April 16th**



***Spring Brain Games & Brunch- April 23rd**

IMPORTANT NOTICES

Activities Registration Notice

Please be aware that activities or events that include food and/or payment of any kind require a minimum of 2 days' advanced registration. Some activities do have participation limits, so it is best to sign up as soon as possible.

Bus Trip Notice

Please be aware that since tickets are purchased far in advance for many of our trips, NO REFUNDS will be given. People can find a replacement or hope for a waiting list. If there is a waiting list 48 hours before the trip, we can help find a replacement. *Please park on the 3rd level of the Church Street Parking Garage for all trips.

Parking Notice

Please be aware of the parking signs on the street in front of the Civic Center. The Police will ticket. Please use the parking garage when possible.