



LIBERTYVILLE SENIOR UPDATE



November 2026



LIBERTYVILLE SENIOR CENTER AT THE LIBERTYVILLE CIVIC CENTER

Amaya Peterson, Senior Center Manager

135 W. Church Street

847-247-7659

libertyvilleseniorcenter@gmail.com

Online Calendar and Registration:

<https://schedulesplus.com/libertyville>

LIBERTYVILLE SENIOR COUNCIL

First Presbyterian Church of Libertyville

Rich Monahan.....847-227-7722

Knights of Columbus #3674

James Patula.....847-828-5456

St. Joseph Catholic Church

Bob Bachochin.....224-688-2219

Cecelia DesLauriers.....847-408-0688

United Methodist Church

Robin O'Connor.....847-951-9519

Tom Plohr.....847-278-7188

Libertyville Senior Center

Bob Killackey.....847-217-9818

Deb Oberst.....862-346-0704

Jeanne Steffens.....847-767-0128

The Senior Council and Senior Center work together to provide programs, activities, and services to Libertyville area senior citizens. For information on any of the events or programs in this Update, unless otherwise noted, please contact:

Libertyville Senior Center

847-247-7659

libciviccenter.org/senior-center



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Senior Update

The Senior Council of Libertyville prints this publication. This publication is FREE and copies can be obtained at the Civic Center in the lobby brochure rack near the elevator, at the Senior Center office, or online at:

libciviccenter.org/senior-center

Additional information regarding the contents can be obtained by visiting the Senior Center office or calling
847-247-7659

Please email
civiccenterlib@gmail.com
to be added to our email
distribution list.

We look forward to hearing from
you!

A MINUTE WITH AMAYA

Dear Senior Center Members,

As we look forward to the start of the holiday season, November is also a wonderful time to pause and reflect on all that we have to be thankful for. I know I am especially thankful for all of you! Without you the Senior Center would not be what it is today.

We have a busy and exciting month ahead! We have a Lunch & Learn, the Veterans Day Event, the Thanksgiving Luncheon/Birthday Bash, and our trip to the Dancing Horses Holiday Show.

I look forward to seeing all of you at our upcoming events and celebrating this wonderful season together.

Amaya



We hope to see you
soon at the
Senior Center,
"The Gathering Place."

WELCOME TO THE SENIOR CENTER

Coffee and tea are available daily for those spending time at the Senior Center. Please feel free to drop in for a cup and some friendly conversation.

Water fountains and touchless water dispensers are also available in the building.



TOGETHER WE THRIVE

To fulfill our mission at the Libertyville Senior Center (LSC): offering a gathering space, essential services, and engaging activities and programs for individuals 55 and older, the following etiquette from all members is expected:

- ✓ Treat all members, guests, and staff with respect, courtesy, and kindness.
- ✓ Avoid using abusive, threatening, or offensive language.
- ✓ Refrain from making discriminatory comments or gestures for all individuals, regardless of race, gender, religion, or other protected characteristics.
- ✓ Use equipment and facilities responsibly.
- ✓ Keep the Center clean and litter-free.
- ✓ Report any damage to the facility immediately to the Center staff.
- ✓ Avoid loud or disruptive behavior that disturbs other participants.
- ✓ Do not engage in physical altercations or harassment.
- ✓ Follow all safety guidelines and procedures.
- ✓ Report any medical emergencies to staff immediately.
- ✓ Only use spaces and resources designated for your activity.

LSC reserves the right to discontinue the participation of any individual in any program, event, or facility if it is considered by the LSC staff, or board of directors, that continued participation of the individual is not in the best interest of themselves or others.



CALENDAR OF EVENTS



NOVEMBER 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Exercise 2 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	9:00 Exercise 3 11:00 Lunch N Learn Noon Bridge 1:00 Bingocize 2:30 Ping Pong	9:00 Exercise 4 10:00 Dominoes 10:00 Poker 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	9:00 Exercise 5 10:00 Art Club 10:30 Ping Pong 1:00 Games Galore 1:00 Bingocize 1:00 Foot Clinic	9:00 Exercise 6 10:30 Ping Pong 11:45 Food 4 Thought 3:00 Learn to Draw w/ John
9:00 Exercise 9 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	9:00 Exercise 10 Noon Bridge 1:00 Bingocize 2:00 Tech Tuesday 2:30 Ping Pong	9:00 Exercise 11 10:00 Dominoes Noon Veterans Day Event 1:00 Games Galore 2:45 Chair Yoga	9:00 Exercise 12 10:30 Ping Pong 1:00 Games Galore 1:00 Bingocize	9:00 Exercise 13 10:30 Ping Pong 11:30 Slice & Dice 3:00 Learn to Draw w/ John
9:00 Exercise 16 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance	9:00 Exercise 17 Noon Bridge 1:00 Bingocize 2:30 Ping Pong	9:00 Exercise 18 10:00 Dominoes 10:00 Poker 10:30 Dancing Horses Bus Trip 1:00 Level 2 Line Dancing 1:00 Games Galore 2:00 Financial Advice 2:45 Chair Yoga	9:00 Exercise 19 10:00 Art Club 10:30 Ping Pong 1:00 Games Galore 1:00 Bingocize 2:00 Legal Advice	9:00 Exercise 20 10:30 Ping Pong 11:30 Pass the Trash 1:00 Book Club 3:00 Learn to Draw w/ John
9:00 Exercise 23 10:00 Homeless Mat Making 10:00 Poker 101 11:00 Gift Basket Sale Noon Birthday Bash & Thanksgiving Luncheon Noon Pinochle 1:00 Canasta 2:30 Learn to Dance	9:00 Exercise 24 Noon Bridge 1:00 Bingocize 2:30 Ping Pong	9:00 Exercise 25 10:00 Dominoes 1:00 Level 2 Line Dancing 1:00 Games Galore 2:45 Chair Yoga	Closed for the holiday HAPPY THANKS GIVING	Closed
9:00 Exercise 30 10:00 Homeless Mat Making 10:00 Poker 101 Noon Pinochle 1:00 Canasta 1:00 Level 1 Line Dancing 2:30 Learn to Dance				

REGISTRATION & DONATION INFORMATION



To register for events online, visit:
<https://schedulesplus.com/libertyville>.



During your first visit, please create an account using your name, address, email address, and phone number. After that, log in using the last 7 digits of your phone number to view the event calendar and register. Credit card payments are accepted, but they incur additional fees for the Senior Center. Cash or check payments are preferred.

When attending events, please check in using your 7-digit phone number at the computer station to help us track participation. You can also check in from our website by clicking the link "Online Check In" at: <https://www.libciviccenter.org/senior-center>.

Donations and sponsorships play a vital role in supporting the success of the Libertyville Senior Center. All financial contributions, big or small, are greatly appreciated and directly benefit our programs and services. You can make a tax-deductible donation online: [libciviccenter.org/senior-center](https://www.libciviccenter.org/senior-center) or in person at the Libertyville Civic Center, a registered charity. For businesses and organizations interested in sponsoring events at the Senior Center, please contact Amaya directly to explore a range of exciting partnership opportunities.

THANK YOU!



WEEKLY ACTIVITIES AT THE SENIOR CENTER

REGISTRATION IS NOT REQUIRED UNLESS SPECIFIED

WEEKDAYS: **9 AM Exercise**
Group exercise along with the Silver Foxes DVD featuring Richard Simmons.

MARVELOUS MONDAYS

10 AM Homeless Mat Making

Cut, ball, or crochet mats from ordinary plastic bags to benefit the homeless. No experience necessary!

10 AM Poker 101

Poker for beginners. Learn various poker games and the art of betting. Bring your pennies.

Noon Pinochle

New and experienced players are welcome. Optional tournament play or just come to play for fun! If you are brand new to the game, please call Amaya at 847-247-7659.

1 PM Canasta

Beginners through experts are welcome!

1 PM Level 1 Line Dancing

Improve on the basic line dancing steps that you have learned in the entry-level Learn to Dance class. Dancers must have completed the Learn to Dance class before attending Level 1 Line Dancing. This class is for those still learning and who have been recommended by the dance instructors to attend.

2:30 PM Learn to Dance

This class teaches those who have never danced the basics of line dancing and simple steps to popular dances. This class is for those just learning to dance.

Terrific Tuesdays

Noon Bridge

If you are brand new to the game, please call Amaya at 847-247-7659. Experienced players call Naveen at 847-362-3569 one day in advance to register.

1 PM Bingocize

Brought to you by White Crane Wellness, Bingocize is an evidence-based health promotion program that combines the fun of bingo with exercise to help keep you moving while having fun! FREE; Registration is required for EACH class. Each class is limited to 25 participants.

2 PM Tech Tuesday

Do you need help with your phone, tablet, or computer? Call the Senior Center to schedule a 30-minute appointment on the 2nd Tuesday of the month. Pre-registration required.

2:30 PM Ping Pong

Everyone is welcome! We have two tables set up for your Ping Pong adventures.

WILD WEDNESDAYS

10 AM Dominoes

Come play Mexican Train dominoes and enjoy some fun and conversation with others.

10 AM Poker

There are two poker tables, so there is an opportunity for beginners and experienced players to play at separate tables. 1st & 3rd Wednesdays of the month.

1 PM Games Galore

Card games, dice games, board games, Mahjong, you name it! We have some games here, but you are welcome to bring your favorites with you!

1 PM Level 2 Line Dancing

For those who have mastered the basic steps and dances and are ready to learn and dance at a faster pace using more challenging turns and steps.

2:45 PM Chair Yoga

45 minutes alternating between sitting and standing alongside/holding a chair for stability. \$20 per month. Registration required.

THOUGHTFUL THURSDAYS

10 AM Art Club

Get your creative juices flowing! Join us in this multi-media art club. We focus on fun, camaraderie, and creativity. Club meets twice a month. See ad for dates and upcoming projects.

10:30 AM Ping Pong

Everyone is welcome! We have two tables set up for your Ping Pong adventures.

1 PM Games Galore

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1 PM Bingocize

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Fantastic Fridays

10:30 AM Ping Pong

Everyone is welcome! We have two tables set up for your Ping Pong adventures.

3 PM Learn to Draw with John

A learn to draw art class taught by the one and only John Kirkpatrick Jr. This one-hour fun class is a great way to hang out and enjoy some casual, social, fun drawing time with friends. Drawing supplies are provided. \$20 per month.

TRIPS & SPECIAL EVENTS

Veterans Day Luncheon & Concert

WEDNESDAY, NOVEMBER 11TH AT NOON

Join us for an afternoon honoring those that have served our country.

Lunch will be BBQ baby back ribs, au gratin potatoes, dinner rolls, plus salad and dessert.

After lunch, Ludy & his Lady will share their Melodies of America show with us. It is a heartfelt tribute to America from sea to shining sea!

Cost: Veterans eat Free, all others \$16

Event
Sponsored by:

MODENA
GREEN OAKS
BY SOLENA SENIOR LIVING

PLEASE RSVP BY 11/6 AT NOON

If you would like to attend the music portion only, please register in advance with the Cook Memorial Library at: cooklib.org/events and join us at 1 pm.

Thanksgiving Luncheon & November Birthday Bash



Monday, November 23rd at Noon



Cost: \$16, please register by 11/20 at noon

Lunch will be a traditional meal of turkey, stuffing, mashed potatoes, gravy, carrots, cranberry relish, and salad from Catered Productions, plus dessert.

After lunch, join Kari Pohar from White Crane Wellness for a fun presentation on Thanksgiving Traditions & Trivia! Learn the stories behind some of our favorite traditions and test your knowledge with festive trivia.

Presentation by:

White Crane
Wellness Center

AgeGuide
NORTHEASTERN ILLINOIS



Event Sponsored by:

The Laurel at Vernon Hills
MEMORY CARE

Gift Basket Sale- November 23rd 11 am - 12:30 pm

Shop for the holidays while giving back! Faith Community United Church of Christ will offer gift baskets, hostess gifts, and children's gifts, with all proceeds benefiting Birthday Bags for the Senior Volunteer Care Network.

SOLD OUT

DANCING HORSES THEATRE BUS TRIP

WEDNESDAY, NOVEMBER 18TH

CELEBRATE THE HOLIDAY SEASON WITH A TRIP TO THE DANCING HORSES THEATRE! ENJOY THEIR SPECTACULAR HOLIDAY SHOW, FEATURING BEAUTIFULLY CHOREOGRAPHED ARABIAN HORSES IN A MAGICAL PERFORMANCE.

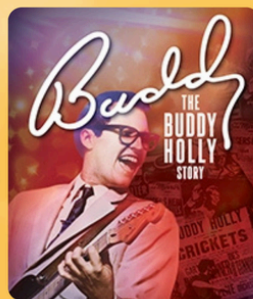
BEFORE THE SHOW, WE'LL ENJOY A DELICIOUS LUNCH WHICH INCLUDES SLICED TURKEY ON A CROISSANT, POTATO SALAD, FRESH FRUIT, A CUPCAKE, AND A BEVERAGE.

AFTER THE SHOW, WE WILL TAKE AN EXCLUSIVE BACKSTAGE TOUR TO MEET THE TALENTED PERFORMERS AND THEIR MAGNIFICENT HORSES.

COST: \$85 WHICH INCLUDES LUNCH, SHOW, BACKSTAGE TOUR, AND BUS TRANSPORTATION.

BUS WILL LEAVE THE SENIOR CENTER AT 10:30 AM AND RETURN AT APPROXIMATELY 5 PM. TRIP IS NON REFUNDABLE.

****TRIP IS FULL; PLEASE STOP BY THE SENIOR CENTER TO BE PLACED ON THE WAITLIST.****



FIRESIDE Theater BUS TRIP

Wednesday,
January 20th

Before the Beatles and the Rolling Stones ever played a note, popular music was forever changed by a bespectacled kid from Lubbock, Texas – BUDDY HOLLY! Now you can witness his story explode onto the Fireside stage in a toe-tapping, hand-clapping, live-band extravaganza that will have you up and dancing. BUDDY tells the true story of Buddy Holly through his short yet spectacular career, and features his classic songs.



Cost \$ **115**

Ticket includes lunch, show, and transportation.



Bus will leave at 9 am and return at approximately 5 pm.

Register in-person at the Senior Center.

Trip is non-refundable.



PROGRAMS

LET'S LUNCH & LEARN TOGETHER

Tuesday, November 3rd
11:00 AM

StoryPoint Long Grove & FirstLight Home Care

Present:

Philip Flores Jr.

Retired USAF Veteran, Entrepreneur,
& CEO of Cremation by Water Group



Philip's military service instilled a lifelong commitment to preparation, leadership, and service. Today, he translates those exact principles into civilian life—helping families navigate difficult life transitions with clarity, trust, and compassion. Join us as Philip shares how lessons from his military career bridge the gap into meaningful community service today. The Mission Changes. The Commitment to Serve Doesn't.

Cost: \$7; Lunch will be from Cafe Zupas. Please register by 10/30 at noon for lunch.

Walk-ins are welcome for the lecture only, which will begin at 11 am.

STORYPOINT





ART CLUB

CREATIVE FUN • GREAT COMPANY • ALL ARE WELCOME!

NOVEMBER 5TH
FALL PAINTING
10:00 - 11:30 AM

Join us for a fun fall painting project as we create an adorable gnome surrounded by the colors of autumn. Grab a brush, get creative and enjoy a little artistic fun with friends!

NOVEMBER 19TH
CUPCAKE DECORATING
10:00 - 11:30 AM

Grab a cupcake and let your creativity take over! We'll decorate, decorate, and decorate some more! The best part? You get to eat your masterpiece!





FREE, REGISTRATION IS REQUIRED.
ONLY 20 SPOTS!
IF YOU ARE UNABLE TO COME PLEASE CANCEL
YOUR REGISTRATION SO OTHERS CAN ATTEND.

We'd love to see you there!



Friday, November 6th

11:45 AM

Meet us out for lunch and enjoy some fun, thought-provoking questions and great conversations with friends.

Meet up at Portillo's in Vernon Hills, where everyone will order and pay for their own meal.



Slice N Dice

FRIDAY, NOVEMBER 13TH

11:30 AM



**\$6 INCLUDES PIZZA,
DESSERT, AND
SODA.**



REGISTER BY NOON ON THURSDAY,
NOVEMBER 12TH TO ATTEND.

THE GROUP WILL SELECT AN EASY DICE
GAME THAT WORKS FOR BEGINNERS
AND EXPERIENCED PLAYERS.
COME GIVE IT A ROLL!



PROGRAMS

FINANCIAL ADVICE

WEDNESDAY, NOVEMBER 18TH
2 PM - 3 PM

Larry Pershing, CFP, RMA, is a financial planner. Schedule a 1:1 session if you have questions about Social Security, taxation in retirement, preparing for retirement, retirement accounts, long-term care insurance, annuities, or perhaps you want a second opinion on a decision you are considering.

BOOK YOUR APPOINTMENT



Register online or call the Senior Center at 847-247-7659 to sign up for a 30-minute complimentary session.

LEGAL ADVICE

THURSDAY, NOVEMBER 19TH
2-3 PM

Attorney Michael Furlong will be at the Senior Center for free legal help.



Register online or call the Senior Center at 847-247-7659 to sign up for a complimentary 15-minute appointment.

PASS THE TRASH

Friday, November 20th

11:30 AM

Bring a luncheon/appetizer dish to pass!

This simple game uses only one card and there is no strategy, just fun!

Walk-ins welcome!



BOOK CLUB

Join us for a monthly program where we discuss a book chosen by the group. Led by Kari from White Crane Wellness, the group will vote on which book to read for future meetings.

November Meeting: November 20th at 1:00pm
Book being discussed: West with Giraffes by Lynda Rutledge

December Meeting: December 11th at 1:00pm
Book being discussed: Gardening Can Be Murder by Marta McDowell

January Meeting: January 22nd at 1:00pm
Book being discussed: The First Ladies by Marie Benedict

White Crane
Wellness Center

FREE!



PROGRAMS



NOVEMBER PING PONG

EVERYONE IS WELCOME!

TUESDAYS: 2:30 PM- 4 PM

THURSDAYS: 10:30 AM- 12 PM

FRIDAYS: 10:30 AM - 12 PM

WE HAVE 2 TABLES SET UP
FOR YOUR PING PONG
ADVENTURES!

FREE, PADDLES AND TABLES
PROVIDED



LEARN TO DRAW WITH JOHN KIRKPATRICK JR.

FRIDAYS AT 3 PM

This is a fun, one-hour learn to draw
class. Drawing supplies are provided.

Cost: \$15 for
November



VOLUNTEERS NEEDED

WE ARE LOOKING FOR KITCHEN HELP FOR
OUR PARTIES AT THE SENIOR CENTER
TWICE PER MONTH.

KITCHEN HELPERS WILL:

- PORTION FOOD
- SERVE FOOD AT TABLES AND ON THE BUFFET LINE
- CLEAR TABLES
- CLEAN AND PUT AWAY DISHES

HOURS ARE APPROXIMATELY 11:15AM-
2:15PM AND INCLUDES A COMPLIMENTARY
LUNCH

FOR MORE INFORMATION OR TO
VOLUNTEER PLEASE CONTACT THE
SENIOR CENTER AT 847-247-7659.



HOUSEHOLD ESSENTIALS DRIVE

WE WILL BE COLLECTING THE
FOLLOWING ITEMS FOR THE
LIBERTYVILLE TOWNSHIP FOOD PANTRY



PAPER
GROCERY BAGS



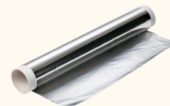
TOILET PAPER



PAPER TOWELS



NAPKINS



ALUMINUM FOIL



SARAN WRAP



TISSUES



GARBAGE BAGS

DROP ITEMS OFF AT THE SENIOR
CENTER FROM 11/2 - 12/18

HEALTH SERVICES



Thursday, November 5th
1-3 PM

Appointments are for free nail trimming, corn or bunion repair, and counseling on general foot issues.

Services are provided by:



Call or stop in to the Senior Center for more information or to make a 30-minute appointment.

Libertyville Senior Center Lending Closet

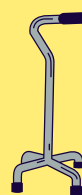
Monday - Friday
9:00 AM - 4:00 PM

The "Lending Closet" is a collection of new and used medical equipment available for short-term loan to Village or Township residents in need of equipment such as wheelchairs, bath transfer benches, shower chairs, portable toilet seats, walkers, canes and other items.

The "Lending Closet" has a limited inventory and a revolving inventory, based upon the demands, frequency of usage, and available items in stock.

Please call ahead of time for more information and to verify the items you need are available.
847-918-8880

Sponsored by:



White Crane Wellness Center

Bingocize **BINGO**

Tuesdays and Thursdays, 1:00 - 2:00 PM

Dates: October 6th - December 17th

***No class November 27th**

Brought to you by White Crane Wellness, Bingocize is an evidence-based health promotion program that combines the fun of bingo with exercise to help keep you moving while having fun! This 11-week program helps you build strength, stamina, and muscle.

FREE; Registration is required for EACH class.

Each class is limited to 25 participants.

The first 25 participants to register for each class will be accepted. There will be no waitlist available. We are unable to accommodate walk-ins.

Chair Yoga Essential Journey Yoga

WEDNESDAYS AT 2:45 PM

45 minutes alternating between sitting and standing alongside/holding a chair for stability. Taught by Sharon of Essential Journey Yoga.

\$20 per month. Please select the program under the "Packages" tab or stop by the Senior Center to register.



SOCIAL SERVICES

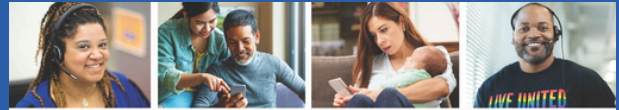
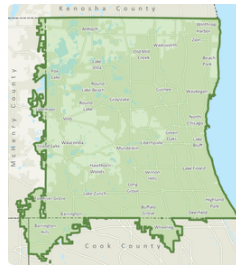


Ride Lake County offers seniors and disabled residents a unique way to get around Lake County. Whether you need a ride for work, medical and dialysis appointments, or shopping, Ride Lake County offers an easy to use travel experience that is both affordable and flexible.

Call the Pace Call Center to register and schedule: Monday- Sunday,
5:30AM- 6:00PM
1-800-201-6446

The bus service will run from 6AM-6PM seven days a week, excluding holidays. One-way fare costs will vary between \$2.00 and \$6.00 depending on how far you travel.

Ride Lake County is sponsored by Lake County and Pace Suburban Bus
lakecountyil.gov/563/Ride-Lake-County



Need Help? Call 211.

IF YOU'RE LOOKING FOR HELP IN LAKE COUNTY, IL
A CARING, EXPERT NAVIGATOR WILL GUIDE YOU TO THE HELP YOU NEED:

Housing | Utilities | Food | Crisis Help | Mental Health & Addiction | Health Care
Financial Support | Personal, Child & Family Support | Education | Transportation
Employment | Legal & Immigration | Government | Volunteering | Disaster Information

WHY 211?

- **IT'S FREE** - Just call to reach a real person who will guide you to real answers.
- **IT'S FAST** - You'll be quickly connected with available resources you need.
- **IT'S COMPREHENSIVE** - 211 is the most comprehensive source of information about resources and services in Lake County. It's Lake County's one-stop shop for help.
- **IT'S CONFIDENTIAL** - You never have to provide your name...just your zip code.



UPCOMING DECEMBER EVENTS



***Lunch N Learn- December 1st**



***December Birthday Bash - December 7th**



***Holiday Party - December 18th**



***Family Holiday Celebration - December 21st**



***Closed for Christmas- December 24th & 25th**



*** Closed for New Year's- December 31st & January 1st**

IMPORTANT NOTICES

Activities Registration Notice

Please be aware that activities or events that include food and/or payment of any kind require a minimum of 2 days' advance registration. Some activities do have participation limits, so it is best to sign up as soon as possible.

Trip Notice

Please be aware that since tickets are purchased far in advance for many of our trips, NO REFUNDS will be given. People can find a replacement or hope for a waiting list. If there is a waiting list 48 hours before the trip, we can help find a replacement. *Please park on the 3rd level of the Church Street Parking Garage for all trips.

Parking Notice

Please be aware of the parking signs on the street in front of the Civic Center. The Police will ticket. Please use the parking garage when possible.